

Curriculum Vitae

Silvia Bellei



silv.bellei@ausl.mo.it- silvia.bellei@pec.tsrm-pstrp.org

Gender: Female | Date of Birth: 21 Aug 1986 | Nationality: Italian

NETWORK AND MEMBERSHIP

Member Order TSRM PSTRP- Dietitian Section Modena and Reggio Emilia
From 2018

Member of ASAND Associazione Tecnico Scientifica per l'Alimentazione, la Nutrizione e la Dietetica
From 2017

Past Member of ANDID Associazione Nazionale Dietisti
From 2009 to 2020

WORK EXPERIENCE

April 2017- Present

AUSL OF MODENA

CLINICAL DIETITIAN

Eating Disorder Dietitian

Welfare activity at the Center for Eating Disorders (Corporate Integrated Assistance Program for Eating Disorders): dietary consultations for outpatient and DH or hospitalization treatments, assistance with meals, integrated work in a multidisciplinary team.

2014- Present

AUSL OF MODENA

Tutoring activity in clinical internship at Eating Disorder Program

2024-2025

UNIVERSITY OF MODENA AND REGGIO EMILIA

TEACHING ASSIGNMENT

“Dietoterapia dei DCA” for student of 3rd year of Bachelor’s Degree in Dietetics.

2018 - 2024

UNIVERSITY OF MODENA AND REGGIO EMILIA

TEACHING ACTIVITIES

	"Dietoterapia dei DCA" for student of 3 rd year of Bachelor's Degree in Dietetics.
November 2023 November 2022 November 2021	UNIVERSITY OF MODENA AND REGGIO EMILIA MEMBER OF GRADUATION COMMISSION FOR BACHELOR'S DEGREE IN DIETETICS
2019- 2023	Order TSRM PSTRP- Dietitian Section Modena and Reggio Emilia ADVISOR
February 2017- April 2017	FREELANCE DIETITIAN
May 2016 May 2017	UNIVERSITY OF MODENA AND REGGIO EMILIA TEACHING ACTIVITIES "Ruolo del Dietista nella cura dei DCA: casi clinici" seminars for student of 3 rd year of Bachelor's Degree in Dietetics.
October 2013- October 2016	AUSL OF MODENA CLINICAL DIETITIAN Eating Disorder Dietitian
June 2012- August 2013	AUSL OF MODENA FREELANCE DIETITIAN Eating Disorder Dietitian
April 2009- September 2013	FREELANCE DIETITIAN 2011- 2012 Collaboration with NORDICONAD for the project "Mangiando s'impara" for primary schools 2011- 2012 Collaboration with POLISPORTIVA VOLLEY STADIUM MIRANDOLA for the nutrition education project "Gioco- Alimento" for primary schools 2010 Collaboration with LA RAGANELLA of Mirandola for nutrition education project for middle and high schools 2009-2011 Collaboration with PALADINPHARMA of Torino for nutritional consultancy project in pharmacies

EDUCATION AND TRAINING

2025- 2026	FAD "Slinicamente esperti, umanamente formati" La Palestra di Animenta. 50 ECM
2022- 2024	Master's Degree, Management for coordination functions of healthcare professions" University of Modena and Reggio Emilia Final Evaluation 110/ 110 with honors
2022	FAD "English in Medicine" 50 ECM
2021	FAD " Alimentare la salute verso le nuove Linee Guida per una sana alimentazione italiana" 24 hours course. Bologna, Italy
Settembre – November 2020	Lead of Traineeship 49 hours course. Modena, Italy.
2018- 2019	Master's Degree, Integrated Treatment of Eating and Body Image

Disorders

University of Bologna
Final Evaluation 30/ 30

Bachelor's Degree, Dietetics

2005-2008 University of Bologna
Final Evaluation 110/ 110 with honors

High School Diploma

2000-2005 Istituto Colombini, Piacenza
Final Evaluation 100/ 100

2005 Trinity Grade 8

2004 Preliminary English Test Council of Europe Level B1- University of Cambridge.

PERSONAL SKILLS

Mother tongue Italian

Other languages English level B1

Social and Teamwork (from professional, sporting, scholastic and foreign experiences).
organizational skills Good organizational skills in self-employment.

Digital skills Good knowledge of PC, Windows, Office package

Driving licence Patent B

I hereby declare that all the facts given above are true and correct to the best of my knowledge.
According to law 679/2016 of the Regulation of the European Parliament of 27th April 2016, I hereby
express my consent to process and use my data provided in this CV and application for recruiting
purposes.

Modena,

July 21, 2026

