



# Elisa Berri

✉ Email: [elisaberri@libero.it](mailto:elisaberri@libero.it) ✉ Email: [elisa.berri@unimore.it](mailto:elisa.berri@unimore.it) ✉ Email: [elisa.berri@ausl.re.it](mailto:elisa.berri@ausl.re.it)

Gender: Female Date of birth: 12/09/1978 Nationality: Italian

## WORK EXPERIENCE

---

[ 2024 – 2025 ] **Contract Teacher**

***Università degli Studi di Modena e Reggio Emilia***

City: Modena | Country: Italy

Academic Year 2024-2025 Teaching activity at the Dietetics Course of the University of Modena and Reggio Emilia of the Computer Dietetic Laboratory Module (Integrated Professionalizing Laboratory Course II year) for 20 hours.

[ 2023 – 2024 ] **Teaching at the Dietetics Course of Studies at the University of Modena and Reggio Emilia**

***Azienda Ospedaliero Universitaria di Modena***

City: Modena | Country: Italy

Academic Year 2023-2024 Teaching activity at the Dietetics Course of the University of Modena and Reggio Emilia of the Computer Dietetic Laboratory Module (Integrated Professionalizing Laboratory Course II year) for 20 hours.

[ 17/10/2022 – Current ] **Dietitian, Tutor of Professional Teaching of the Course of Studies in Dietetics at the University of Modena and Reggio Emilia**

***Azienda Ospedaliero Universitaria di Modena***

City: Modena | Country: Italy

COMMAND for 18 hours per week, at the Training, Research and Innovation Service, as Tutor of Professional Teaching of the Dietetics Course of Studies at the University of Modena and Reggio Emilia.

[ 09/05/2022 – Current ] **Dietitian**

***Azienda USL- IRCCS di Reggio Emilia***

City: Reggio Emilia | Country: Italy

Permanent, full-time position, 36 hours per week, at the Department of Primary Care, from 17 October 2022 for the command of AOU Modena, reduction of presence hours to 18 hours per week.

[ 16/06/2018 – 08/05/2022 ] **Dietitian**

***AUSL Modena***

City: Modena | Country: Italy

Permanent, full-time position, 36 hours per week, at the Primary Care Department of AUSL Modena – Southern Area, Vignola Hospital.

[ 01/05/2018 – 15/06/2018 ] **Dietitian**

***AUSL Modena***

City: Modena | Country: Italy

Fixed-term, full-time position, 36 hours per week, at the Primary Care Department of AUSL Modena – Southern Area, Vignola Hospital.

[ 01/11/2017 – 30/04/2018 ] **Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Fixed-term, full-time position, 36 hours per week, at the Primary Care Department of AUSL Modena – Southern Area, Vignola Hospital.

[ 01/05/2017 – 31/10/2017 ]

**Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Fixed-term, full-time position, 36 hours per week, at the Primary Care Department of AUSL Modena – Southern Area, Vignola Hospital.

[ 01/11/2016 – 30/04/2017 ]

**Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Fixed-term, full-time position, 36 hours per week, at the Primary Care Department of AUSL Modena.

[ 01/10/2016 – 31/10/2016 ]

**Dietitian**

**AUSL Modena, Dietista, 01 Ottobre 2016 – 31 Ottobre 2016**

**City:** Modena | **Country:** Italy

Part-time, fixed-term position, 18 hours per week, at the Primary Care Department of AUSL Modena.

[ 31/03/2016 – 30/09/2016 ]

**Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Part-time, fixed-term position, 18 hours per week, at the Primary Care Department of AUSL Modena.

[ 01/09/2015 – 30/03/2016 ]

**Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Part-time, fixed-term position, 18 hours per week, at the Primary Care Department of AUSL Modena.

[ 20/05/2015 – 30/09/2015 ]

**Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Part-time, fixed-term position, 18 hours per week, at the Primary Care Department of AUSL Modena.

[ 20/11/2014 – 19/05/2015 ]

**Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Part-time, fixed-term position, 18 hours per week, at the Primary Care Department of AUSL Modena.

[ 20/05/2014 – 19/11/2014 ]

**Dietitian**

**AUSL Modena**

**City:** Modena | **Country:** Italy

Part-time, fixed-term position, 18 hours per week, at the Primary Care Department of AUSL Modena.

[ 22/02/2011 – 21/08/2011 ]

## **Dietitian**

### ***AUSL Reggio Emilia***

**City:** Reggio Emilia | **Country:** Italy

Fixed-term assignment for 6 months, part-time, 30 hours per week, at the Diabetology, Internal Medicine and Hospital Catering Service of the Guastalla and Correggio Hospitals.

### **Occasional Service as Dietitian - Data Manager for the project "IPERSTUDY (Intensive Phosphate Control in development of renal End Points and Mortality in CKD)"**

#### ***Arcispedale Santa Maria Nuova Reggio Emilia***

Arcispedale Santa Maria Nuova Reggio Emilia, Dietitian, 18 April 2016 – 31 December 2016  
Occasional service as Dietitian - Data Manager for the project "IPERSTUDY (Intensive Phosphate Control in development of renal End Points and Mortality in CKD)".

### **Occasional Service as Dietitian-Data Manager for the regional PIRP platform (Prevention of Progressive Renal Failure).**

#### ***Arcispedale Santa Maria Nuova Reggio Emilia***

Arcispedale Santa Maria Nuova Reggio Emilia, Dietician, August 2015 – December 2015  
Occasional service as Dietician-Data Manager for the regional PIRP platform (Prevenzione Insufficienza Renale Progressiva - Prevention of Progressive Renal Failure).

### **Scholarship as Dietitian at the Complex Structure of Nephrology and Dialysis**

#### ***Arcispedale Santa Maria Nuova Reggio Emilia***

Arcispedale Santa Maria Nuova Reggio Emilia, Dietician, December 14, 2014 – June 13, 2015

Scholarship as Dietician at the Complex Structure of Nephrology and Dialysis on the Regional project "Intensive control of phosphoremia, through a low-phosphorus diet and phosphate binders, in patients with Chronic Kidney Disease (CKD) to evaluate the progression of renal damage and survival".

### **Scholarship as Dietitian at the Complex Structure of Nephrology and Dialysis**

#### ***Arcispedale Santa Maria Nuova Reggio Emilia***

Arcispedale Santa Maria Nuova Reggio Emilia, Dietician, May 5, 2014 – December 13, 2014

Scholarship as Dietitian at the Complex Structure of Nephrology and Dialysis on the Regional project "Intensive control of phosphoremia, through a low-phosphorus diet and phosphate binders, in patients with Chronic Kidney Disease (CKD) to evaluate the progression of renal damage and survival".

### **Scholarship as a Dietitian at the Community Pediatrics Service of the Castelnovo nè Monti Hospital.**

#### ***AUSL Reggio Emilia***

AUSL Reggio Emilia - S. Anna Hospital of Castelnovo nè Monti, Dietitian, 11.22.2010 to 02.21.2011  
Scholarship from for a total of 260 hours as Dietician for the project "A healthy diet for a healthy child" carried out at the Community Pediatrics Service of the Castelnovo nè Monti Hospital.

## **EDUCATION AND TRAINING**

### **Master's Degree in Renal Dietetics**

**Università degli Studi di Modena e Reggio Emilia**

City: Modena | Country: Italy |

**Degree in Dietetics (SNT/3)**

**Università degli Studi di Modena e Reggio Emilia**

City: Modena | Country: Italy |

**Diploma di maturità scientifica - High School Diploma - Liceo Scientifico**

**Liceo Scientifico Dall'Aglio - Castelnovo Ne' Monti (RE)**

City: Castelnovo Ne' Monti (RE) | Country: Italy |

## LANGUAGE SKILLS

---

**Mother tongue(s):** Italian

**Other language(s):**

**Inglese**

**LISTENING B2 READING B2 WRITING B2**

**SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2**

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## DIGITAL SKILLS

---

**My Digital Skills**

Padronanza del Pacchetto Office (Word Excel PowerPoint ecc) | Posta elettronica | Windows | SOFTWARE NUTRIZIONALI

## PUBLICATIONS

---

[ 2025 ] [\*\*The Prevalence of and Factors Associated with Disordered Eating Among Adult Athletes in Italy and Lebanon\*\*](#)

Cavedon, V.; Kreidieh, D.; Milanese, C.; Itani, L.; Pellegrini, M.; Saadeddine, D.; Berri, E.; El Ghoch, M. The Prevalence of and Factors Associated with Disordered Eating Among Adult Athletes in Italy and Lebanon. *Nutrients* **2025**, *17*, 191. <https://doi.org/10.3390/nu17010191>

[ 2024 ] [\*\*La gestione della salute renale durante la gravidanza: un dialogo tra pazienti e professionisti sanitari\*\*](#)

Fantuzzi, AL, Berri, E., Tartaglione, L., Mandreoli, M., Giannini, R., Dominjanni, S., & Porreca, S. (2024). Gestione della salute dei reni durante la gravidanza: un dialogo tra pazienti e operatori sanitari. *Giornale Di Clinica Nefrologica E Dialisi*, *36* (1), 59–66. <https://doi.org/10.33393/gcnd.2024.3180>

[ 2024 ] [\*\*IRC avanzata e genere: una visione multi-prospettiva e multi-dimensionale\*\*](#)

Fantuzzi, AL, Berri, E., Tartagliolne, L., Mandreoli, M., Giannini, R., Dominjanni, S., & Porreca, S. (2024). IRC avanzata e genere: una visione multi-prospettiva e multi-dimensionale. *Giornale Di Clinica Nefrologica E Dialisi*, *36* (1), 10–17. <https://doi.org/10.33393/gcnd.2024.3026>

[ 2023 ] [\*\*Trapianto di rene: differenze di genere\*\*](#)

Fantuzzi, AL, Berri, E., Tartaglione, L., Giannini, R., Dominjanni, S., & Porreca, S. (2023). Trapianto di rene: differenze di genere. *Giornale Di Clinica Nefrologica E Dialisi*, *35* (1), 45–50. <https://doi.org/10.33393/gcnd.2023.2606>

### **L'assorbimento del glucosio in dialisi peritoneale: strumenti utili per il team**

[ 2022 ] **multidisciplinare**

Fantuzzi AL, Berri E, Tartaglione L, Giannini R, Dominjanni S, Porreca S. L'assorbimento del glucosio in dialisi peritoneale: strumenti utili per il team multidisciplinare. *G Clin Nefrol Dial* [Internet]. 8 febbraio 2022 [citato 31 maggio 2022];34(1):14-21.

### **Telemedicina tra clinica e nutrizione nella Malattia Renale Cronica (MRC): appunti di esperienze al femminile**

[ 2021 ]

Fantuzzi, AL, Berri, E., Tartaglione, L., Prampolini, M., Giannini, R., Dominjanni, S., & Porreca, S. (2021). La telemedicina tra valutazione clinica e nutrizione nella Malattia Renale Cronica (IRC): esperienza dal punto di vista femminile. *Giornale Di Clinica Nefrologica E Dialisi*, 33 (1), 12-19. <https://doi.org/10.33393/gcnd.2021.2236>

### **Salute renale per tutti e ovunque: riflessioni al femminile sul tema centrale della Giornata Mondiale del Rene 2020**

[ 2020 ]

A.L.Fantuzzi, E. Berri, L.Tartaglione, R.Giannini, S.Dominjanni, S.Porreca. Salute renale per tutti e ovunque: riflessioni al femminile sul tema centrale della Giornata Mondiale del Rene 2020; *G Clin Nefrol Dial* 2020; 32: 73-80 DOI: 10.33393/gcnd.2020.2114

### **Percorso diagnostico-terapeutico per il paziente con calcolosi renale: update 2020**

Adamasco Cupisti, Alberto. Trinchieri, Marco Lombardi, Simone Agostini, Teresa Arcidiacono, Paolo Beltrami, Elisa Berri, Luigi Bevilacqua, Salvatore Campo, Rossella Cannavò, Emanuele Croppi, Giuseppe Casarrubea, Cosimo Caviglioli, Alfonso Crisci, Alessandro D'Addessi, Marco De Sio, Annalaura Fantuzzi, Maria Fusaro, Giovanni Gambaro, Marco Garofalo, Salvatore Micali, Martino Marangella, Michele Petrarulo, Gaetano Piccinocchi, Alberto Sessa, Andrea Tasca, Giuseppe Vezzoli, Corrado Vitale, Filiberto Zattoni a nome del Gruppo di Studio Multidisciplinare per la Calcolosi Renale. Percorso diagnostico-terapeutico per il paziente con calcolosi renale: update 2020; *G Ital Nefrol* 2020- ISSN 1724-5990- 2020 Società Italiana di Nefrologia- Anno 37 Volume S75 n°4

## **PROFESSIONAL REGISTER**

---

[ 2019 - Current ]

### **Iscrizione**

Registered with the Order TSRM PSTRP MO-RE, Register of DIETITIANS n° 77

---

*Autorizzo il trattamento dei miei dati personali presenti nel CV ai sensi dell'art. 13 d. lgs. 30 giugno 2003 n. 196 - "Codice in materia di protezione dei dati personali" e dell'art. 13 GDPR 679/16 - "Regolamento europeo sulla protezione dei dati personali".*