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Sofia Bertolini

Nurse Tutor · Affiliated Lecturer — Bachelor's Degree Programme in Nursing, University of Modena and Reggio Emilia

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Citizenship: Italian Date of birth: 20/02/1993 Gender: F

PROFESSIONAL PROFILE

Registered Nurse with more than ten years of clinical experience in hospital care settings, including Neonatal Intensive Care, Neonatology/Newborn Nursery, Outpatient Cardiology, Internal Medicine, and Long-Term Care.

Currently serving as a Professional Practice Tutor and Affiliated Lecturer in the Bachelor of Science in Nursing programme at the University of Modena and Reggio Emilia (UNIMORE), while also acting as Erasmus Programme Contact Person.

Experienced in quality improvement and healthcare innovation projects, and involved in qualitative health research conducted within the framework of a Master's Degree dissertation.

PROFESSIONAL EXPERIENCE

SINCE 16/10/2024 – PRESENT

Nurse Tutor

IRCCS Santa Maria Nuova, Reggio Emilia Local Health Authority—IRCCS — Grade D, Organisational Function Position, Mid-level Healthcare and Rehabilitation Professions Area (appointed via internal selection at the AUSL Nursing Clinical Development Centre)

- Personalised tutoring and supervision of a group of students
- Planning and management of professionalising teaching activities and course-specific clinical skills labs
- Clinical tutor and placement coordinator for the following units: Cardiology/ICCU/Haemodynamics (ASMN), Cardiology Ward (ASMN), Haematology BMC (ASMN), Digestive Endoscopy (ASMN), Cardiovascular Medicine (ASMN), Haemocoagulation Medicine (ASMN), Medicine and Oncology Day Hospital (ASMN), RSR Albinea

SINCE A.Y. 2025/2026 – PRESENT

Affiliated Lecturer

University of Modena and Reggio Emilia (UNIMORE) — MED/45 General, Clinical and Paediatric Nursing Science, Bachelor's Degree Programme in Nursing (Reggio Emilia campus)

- Lecturer for "Nursing Applied to Diagnostic and Therapeutic Pathways", within the course "Pathology and Pharmacology in Diagnostic and Therapeutic Processes"

A.Y. 2024/2025

Teaching Assistant

University of Modena and Reggio Emilia (UNIMORE) — Bachelor's Degree Programme in Nursing (Reggio Emilia campus)

- Teaching support for "Nursing Applied to Diagnostic and Therapeutic Pathways", within the course "Pathology and Pharmacology in Diagnostic and Therapeutic Processes", MED/45

ONGOING

Erasmus Contact Person

Bachelor's Degree Programme in Nursing, Reggio Emilia campus

- Collaboration in organising clinical placements for incoming and outgoing Erasmus students

11/05/2020 – 15/10/2024

Registered Nurse

Neonatology and Neonatal Intensive Care Unit, Reggio Emilia Local Health Authority–IRCCS (ASMN) — Grade D, Professional Function Position, Basic-level Healthcare and Rehabilitation Professions Area (permanent appointment via public competitive examination)

- Personalised nursing care in neonatology and neonatal intensive care
- Lead nurse for the clinical placement of Erasmus students (3rd year of the Nursing degree programme) in the Neonatology unit
- Member of internal working groups: CPP (Perinatal Palliative Care) and CARE

30/12/2015 – 10/11/2020

Registered Nurse

Villa Verde Multi-specialty Nursing Home, Via Lelio Basso 1, Reggio Emilia

- Clinical nursing care in the Internal Medicine and Long-Term Care, Surgery, and Cardiology units
- Personalised care and clinical tutoring for Nursing degree students during their placement in the Cardiology unit

EDUCATION AND TRAINING

2021

Master's Degree in Nursing and Midwifery Sciences

University of Modena and Reggio Emilia — final grade 110/110 cum laude

- Thesis: "Qualitative research: theoretical analysis and practical application on beliefs and end-of-life choices — citizens' perspectives on Law 219/17"

2015

Bachelor's Degree in Nursing

University of Modena and Reggio Emilia — final grade 107/110

- Thesis (retrospective descriptive study): "Managing constipation in elderly patients in a long-term care unit: a short-term impact assessment of an improvement strategy"
- Since November 2017, following continuation of the thesis project by other students, the proposed improvements have become part of the standard nursing documentation of the Internal Medicine/Long-Term Care unit at Villa Verde

2012

High School Diploma – Graphic Design and Cultural Heritage (Art Lyceum)

"Blaise Pascal" Experimental Institute, Reggio Emilia — final grade 80/100

TEACHING AND RESEARCH ACTIVITIES

Teaching skills and competencies

- Lecturer for "Nursing Applied to Diagnostic and Therapeutic Pathways"
- Delivery of skills-lab activities within the professionalising component of the Nursing degree programme
- Clinical placement supervisor for Nursing degree students, from 2016 to 2024

Research skills and competencies

- Use of international databases for literature searches (PubMed, CINAHL, Cochrane) and reference management software such as Zotero
- Research placement at the Qualitative Research Unit of the Scientific Directorate of the Reggio Emilia Local Health Authority–IRCCS (supervisors: Luca Ghirotto, Cristina Pedroni), contributing to two qualitative research projects: "Choice of place of death and/or burial among non-EU citizen patients" and "Beliefs and end-of-life choices: citizens' perspectives on Law 219/17"

ORGANISATIONAL SKILLS

- Academic planning of course-specific skills labs and coordination of Erasmus programme activities
- Active participation in improvement groups based on new scientific evidence in neonatal care and in organising internal training events
- Participation in working groups drafting internal procedures (Perinatal Palliative Care Procedure)

TECHNICAL SKILLS

- Management of respiratory support equipment (ventilators and related ventilation modes, NCPAP, HFNC, oxygen therapy)
- Cardiorespiratory monitoring systems
- CFM – Cerebral Function Monitor
- ECG and blood gas analyser

IT AND SOCIAL SKILLS

- Proficient use of core Microsoft Office applications (Word, Excel, PowerPoint) and social media
- Strong interpersonal and communication skills, developed throughout education and professional practice

ARTISTIC SKILLS

- Artistic skills developed during studies at the "Blaise Pascal" Art Lyceum

LANGUAGES

Language	Listening/Reading	Speaking	Writing
Italian	Native speaker	Native speaker	Native speaker
English	Good	Good	Good
French	Elementary	Elementary	Elementary

DRIVING LICENCE AND PROFESSIONAL REGISTRATION

- Driving licence: category B
- Registered with the Reggio Emilia Nursing Professions Board (Ordine delle Professioni Infermieristiche, formerly Collegio IPASVI) since 16/12/2015 — Registration no. 4171

CONTINUING PROFESSIONAL DEVELOPMENT COURSES

2026

- Advanced seminar series on Questioning, Feedback and Role Playing – Orientation and Tutoring Plan 2023-2025 (3–14 Feb 2026, in person)
- Artificial Intelligence between Knowledge, Education and Care: Scenarios for Universities and Healthcare – OPI Turin (10 Apr 2026, webinar)

2025

- SELF-RER – Regional Guidelines on the Prevention of Pressure Injuries in Hospital and Community Care (1 Jun–31 Dec 2025) – Parma University Hospital and Parma Local Health Authority (Event no. 9364)
- End-of-Life Care (27 Mar 2025) – Event no. 16210
- Initial Training for Safety Supervisors ('Preposti') – theory, distance learning (4 Jul–5 Aug 2025) – Event no. 16720
- Personal Data Protection under Updated Regulations (GDPR 2016/679) (20 Aug–15 Sep 2025) – Event no. 14850
- Evidence Based Practice – Theoretical/Practical Retraining (23–25 Sep 2025) – Event no. 16772

- Assessment and Classification of Pressure Injuries per Emilia-Romagna Regional Guidelines (2 Oct 2025) – Reggio Emilia Local Health Authority (Event no. 16742)
- Initial Training for Safety Supervisors ('Preposti') – practical session (14 Oct 2025) – Reggio Emilia Local Health Authority (Event no. 14897)
- Reference and Bibliography Management with Zotero (30 Oct 2025) – Reggio Emilia Local Health Authority (Event no. 16233)
- Workplace Safety Training in Healthcare, Legislative Decree 81/08 (1 Dec–31 Dec 2025) – Reggio Emilia Local Health Authority (Event no. 14966)

2024

- High-Risk Emergency Response Course (3-FOR) – Event no. 12809.1
- High-Risk Fire Prevention Refresher – theory (3 AGG) – Event no. 12804.6
- High-Risk Fire Prevention Refresher – practical (3 AGG) – Event no. 12805.7
- SIN – "Clinical Cases in Neonatology" – Event no. E11682
- Research Methodology Course for Health Professions 1 – Event no. 13670.1
- Paediatric Palliative Care 1 – Event no. 13699.1
- "Born First, Fed Right": Feeding Intelligence and the Preterm Newborn – Event no. 11595
- Asynchronous Distance Learning – SegnalER (Level 1), Training for Regional Healthcare Facility Staff – Event no. 6704.2
- Course 5 – Managing Epidemic and Pandemic Events, 2024 edition – Event no. 2682.5
- Course 6 – Combating Sepsis, 2024 edition – Event no. 2767.4
- Course 7 – Vaccinations and Healthcare Workers, 2024 edition – Event no. 2806.4
- BLSD Cat. B Basic – Reggio Emilia – Event no. 12765.49
- Infection Risk Management – PNRR, Module C and theoretical part of Module B – Event no. 13358
- Infection Risk Management – PNRR, practical Module B – Event no. 14256

2023

- Research Methodology Course for Health Professions – Event no. 12466.1
- Perinatal Palliative Care + theoretical/practical course for nurses, midwives and psychologists with the Comfort Care Team of Columbia University, New York – Event no. E10533
- Clinical Case Discussion 1 – Event no. 12336.1
- ALS Diagnostic-Therapeutic Care Pathway (PDTA) 1 – Event no. 38742.1
- Transfusion Appropriateness and PBM: Scientific Criteria for Safe and Effective Transfusion – Event no. 10443.2
- Therapeutic Apheresis in Emergency-Urgency Settings – Event no. 10477.2
- Basic Course in Transfusion Medicine – Event no. 10456.2
- "The Sense of the Senses": Sensory Support in the NICU for the Preterm Infant – Event no. E9474
- AOU Modena, Course 4 – Synergies between Risk Management and Infection Risk – Event no. 2202.2
- AOU Modena, Course 3 – Antimicrobial Stewardship – Event no. 2036.2
- Female Genital Mutilation – Event no. 11995.1
- NICU Medication Update – Event no. 11252.1
- Prevention and Management of Aggression against Healthcare Staff – Event no. 10733.1
- Neonatal Care Improvement Group – Event no. 11263.1
- PBLSD – Paediatric BLSD – Event no. 10834.2
- Course 1 – Prevention of Infection Risk and Antimicrobial Resistance – Event no. 1981.1
- Course 2 – Prevention of Healthcare-Associated Infections, 2023 edition – Event no. 1982.1

2022

- Neonatal Dressing/Wound Care Update – Event no. 11072.1
- Bronchiolitis: Ventilatory Support and Metabolic Management – Event no. 10704.1
- NBLS – Basic Neonatal Resuscitation and Stabilisation Course – Event no. 8416.8
- Safety Aspects: Artificial Optical Radiation – LASER (ROA-L) under Legislative Decree 101/2020 – Event no. 8613.3
- Neonatal Care Improvement Group – Event no. 8828.1

2021

- CARE Method Refresher, Part One, as Instructor – Event no. 8125.2
- Neonatal Care Improvement Group – Event no. 7559.1

2020

- Covid-19: Getting the Facts Straight – Event no. 6821.1
- Managing Delirium – Event no. 5188.1
- Guidelines for Preventing Covid-19 Transmission – Event no. 6638.3
- Safety and Risk Management in Transfusion Medicine – Event no. 6662.2
- Accu-Chek Inform II Glucometer – Event no. 6696.1
- Breastfeeding: Basic Course – Event no. 5368.3

2018

- The Role of Artificial Nutrition in Palliative Care – Event no. 2101.1
- High-Risk Fire Prevention Officer – Event no. 25820

2016

- BLS – Basic Life Support Defibrillation (basic cardiopulmonary resuscitation with semi-automatic external defibrillators) – Event no. 158681
- Clinical Placement Supervisor Training Course

I authorise the processing of the personal data contained in this curriculum vitae pursuant to Italian Legislative Decree no. 196/2003 ("Personal Data Protection Code") and Regulation (EU) 2016/679, as well as for the purposes required by Legislative Decree no. 33/2013 on the transparency and disclosure obligations of public administrations.

Date: 04/08/2026

Signature: 