
Prof. Silvia Ferrari, MD, PhD

Associate Professor of Psychiatry

University of Modena and Reggio Emilia (UNIMORE)

Consultation-Liaison Psychiatry Service

AUSL-IRCCS Reggio Emilia, Santa Maria Nuova Hospital

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Academic Position

- **Associate Professor of Psychiatry (MED/25)**, University of Modena and Reggio Emilia (since 2018)
 - **National Scientific Qualification (ASN) for Full Professorship in Psychiatry (06/D5)**, valid 2022–2033
 - University Researcher in Psychiatry (2008–2017; confirmed 2011)
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Education and Training

- MD, University of Modena and Reggio Emilia (1998), summa cum laude
 - Specialist in Psychiatry (2002), summa cum laude
 - PhD in Human Psychobiology (2006)
 - Visiting medical student, University of Nottingham Medical School (UK)
 - Advanced Course in Liaison Psychiatry, University of Manchester (Prof. Francis Creed)
 - Research methodology and clinical research training (GIMBE, Maudsley Forum, etc.)
 - IELTS Certification (C1 level, 2020)
 - Advanced Course in Healthcare Management (Marco Biagi Department of Economics, 2020–21)
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Clinical Leadership

Since 2022, Prof. Ferrari serves as:

Head of the Consultation-Liaison Psychiatry and Psychosomatic Service

Santa Maria Nuova Hospital, AUSL-IRCCS Reggio Emilia

(Recognized as High Specialization position since 2024)

She previously served as University Hospital Psychiatrist at AUSL Modena (2008–2021).

Her clinical focus includes:

- Psychiatric comorbidity in medically ill patients

- Psychosomatic medicine
 - Suicide risk assessment in general hospitals
 - Transplant psychiatry
 - Complex biopsychosocial assessment
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Research Profile

Prof. Ferrari's primary research field is **Consultation-Liaison Psychiatry and Psychosomatic Medicine**, with particular focus on:

- Medical-psychiatric comorbidity
- Somatic symptom and related disorders
- Biopsychosocial complexity assessment (INTERMED model)
- Psychiatry in primary care
- Migrant and transcultural psychiatry
- Suicide risk and mental pain
- Mental health stigma
- Burnout and mental health of healthcare professionals
- LGBTQ+ mental health
- Mental health consequences of economic crises and COVID-19

She has coordinated and participated in multiple **regional, national, and international research projects**, including:

- Principal Investigator, Regional Research Program: Depression in HIV-positive patients (2010–2012)
 - European INTERMED Self-Assessment Study (Principal Coordinator)
 - International Study on Student Career Choice in Psychiatry (ISoSCCiP) – Italian Coordinator
 - Burnout Syndrome Study (EFPT) – Italian Coordinator
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Scientific Output

Prof. Ferrari is author or co-author of:

- **180+ peer-reviewed publications**
- Numerous book chapters in major psychiatry manuals
- International collaborations across Europe and beyond

Her work has been published in leading journals such as:

- *Journal of Psychosomatic Research*

- *Psychotherapy and Psychosomatics*
- *European Psychiatry*
- *Journal of Affective Disorders*
- *Social Psychiatry and Psychiatric Epidemiology*
- *Frontiers in Psychiatry*
- *Nature Human Behaviour* (collaborative publication, 2024)

Her research spans clinical psychiatry, psychosomatic medicine, epidemiology, and public mental health.

Professional Societies and Leadership

- Executive Board Member, **European Association for Psychosomatic Medicine (EAPM)** (2012–2018; 2025–present)
- Fellow of EAPM (since 2024)
- Former Executive Board Member, European Association for Consultation-Liaison Psychiatry (EACLPP)
- Member, European Psychiatric Association (EPA)
- Former President, Emilia-Romagna Section, Italian Psychiatric Association (SIP)
- Secretary, Italian Society of Consultation-Liaison Psychiatry (SIPC)

Awards

- EAPM Fellowship Award (2024)
 - Frits Huyse Award (EAPM, 2025)
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Teaching Activity

Prof. Ferrari teaches Psychiatry in:

- MD Program (Medicine and Surgery)
- Psychiatric Rehabilitation Sciences
- Nursing Sciences
- Occupational Therapy
- MSc in Nursing and Midwifery
- Psychiatry Residency Program

She is:

- President of the Degree Program in Psychiatric Rehabilitation Techniques (since 2022–23)
- Member of the PhD Board in Neurosciences

- Rector's Delegate for Sport and Wellbeing (since 2025)

Her teaching activity includes lectures, clinical supervision, thesis supervision (MD, residency, PhD), and development of innovative educational seminars.

Editorial and Scientific Service

- Reviewer for major international journals
 - Editorial Board Member, *International Journal of Environmental Research and Public Health*
 - Member of editorial boards of Italian psychiatric journals
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Clinical Practice

- Licensed Physician (since 1999)
 - Licensed Psychotherapist
 - Extensive experience in community psychiatry, general hospital psychiatry, and integrated university-hospital systems
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Publications

1. RIGATELLI M, FERRARI S: Evidenza epidemiologica a favore di un servizio specifico di psichiatria. Atti del Convegno, Imperia, 1998.
2. RIGATELLI M, FERRARI S, MOSCARA M, ASIOLI F: Le consulenze psichiatriche ripetute al Policlinico di Modena ed al SSM di Reggio Emilia: due esperienze a confronto. Atti del VII Congresso Nazionale della Società Italiana di Psichiatria di Consultazione (Torino, Novembre 1998). *Psichiatria di Consultazione* 2: 135-138; 1999.
3. RIGATELLI M, FERRARI S: Psichiatria di consultazione e dipartimenti di salute mentale. *Psichiatria di Consultazione* 3: 137-140; 1999.
4. RIGATELLI M, FERRARI S, UGUZZONI U, NATALI A: Teaching and training in the psychiatric-psychosomatic consultation-liaison setting. *Psychother Psychosom* 69:221-228; 2000. IF = 6.000
5. RIGATELLI M, MASSARI I, FERRARI S: Le possibilità e le responsabilità di un Servizio di psichiatria di consultazione nei confronti del burn-out degli operatori sanitari In: Pellegrino F (a cura di): *La sindrome del burn-out*. Torino, Centro Scientifico Editore 2000, pp. 301-308. ISBN: 9788876406706.
6. RIGATELLI M, CASOLARI L, MASSARI I, FERRARI S: A follow-up study of psychiatric consultations in the general hospital: what happens to patients after discharge. *Psychother Psychosom* 70:276-282; 2001. IF = 6.000

7. FERRARI S: I pazienti che hanno tentato il suicidio nell'ospedale generale: il ruolo della consulenza psichiatrica. *Psichiatria di Consultazione* 4: 71-82; 2001.
8. RIGATELLI M, FERRARI S: L'organizzazione di un servizio di psichiatria di consultazione e collegamento. In: *Psichiatria e medicina di base. Il progetto della regione Emilia-Romagna. Atti del workshop*, Bologna, 12-13 Marzo 2001. Bologna, Editrice Compositori 2001, pp. 125-143. ISBN 8877942762.
9. RIGATELLI M, FERRARI S, GALEAZZI GM: La psichiatria di consultazione nell'ospedale generale. *NOOS*: 7: 255-272; 2002.
10. RIGATELLI M, FERRARI S, GALA C, GRASSI L: La psichiatria di consultazione e collegamento nell'ospedale generale. In: *Invernizzi G, Rigatelli M, Gala C, Bressi C (a cura di): Manuale di psichiatria di consultazione*. Milano, McGraw Hill 2002, pp. 39-53. ISBN 8838629692
11. RIGATELLI M, CASOLARI L, FERRARI S: Psicosomatica e psichiatria di consultazione. In: *Todarello O, Porcelli P (a cura di): Medicina Psicosomatica. Valutazione Scientifica, integrazione organizzativa e costo sociale*. Milano, Franco Angeli Editore 2002, pp. 79-95. ISBN 9788846439277
12. RIGATELLI M, FERRARI S: C-L psychiatry and psychosomatic medicine are separated disciplines? In: *Psycho-neuro-endocrino-immunology (PNEI). A common language for the whole human body. Proceedings of the 16th World Congress of Psychosomatic Medicine*. Goteborg, 2001. International Congress Series 1241: 221-227, 2002. ISSN 0531 5131
13. RIGATELLI M, FERRARI S, BERTONCELLI B, MASSARI I: Tre tipi particolari di urgenze in psichiatria di consultazione. In: *GALA C, BRESSI C, RIGATELLI M (a cura di): Psichiatria e medicina. Dialogo e confini*. Roma, CIC Edizioni Internazionali, 2003, pp. 48-53. ISBN 9788871415901
14. RIGATELLI M, FERRARI S: Medico, psichiatra e paziente terminale: cosa cambia? In: *ASIOLI F, BASSI M, BERARDI D, FERRARI G, FIORITTI A, ROBERTI R (a cura di): La conoscenza e la cura. Atti del XLIII Congresso Nazionale SIP*. Bologna, 19-24 Ottobre 2003. Roma, CIC Edizioni Internazionali, 2003, pp. 359-362.
15. RIGATELLI M, FERRARI S: The Modena (Italy) Consultation-Liaison Psychiatry Service. *Br J Psychiatry*, 184: 268-269, 2004. IF = 5.947
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17. GALEAZZI GM, FERRARI S, MACKINNON A, RIGATELLI M: Inter-rater reliability, prevalence and relation to ICD-10 diagnoses of Diagnostic Criteria for Psychosomatic Research in Consultation Liaison Psychiatry patients. *Psychosomatics*, 45: 386-393, 2004. IF = 1.660

18. FERRARI S, RIGATELLI M: Diagnosi medica, psichiatrica e psicosomatica: alti utilizzatori in un ambulatorio di Medicina Generale. Atti del I Congresso GRP, Siena, 14 Maggio 2004. <http://www.psychomedia.it/grp/siena-2004/ferrari.doc>
19. GIOSUÈ P, FAVARON E, VOLPE U, FERRARI S, PIEGARI G, SAVIANO P, SEGAGNI LUSIGNANI G, TRESCAT T, FIORILLO A: Pair tutoring nell'ambito della formazione in salute mentale: storia, attualità e prospettive. In: Giosuè P, Roncone R, Casacchia M (a cura di): Le forme di tutorato e la partecipazione attiva degli studenti. Atti del Convegno, L'Aquila, 7 Aprile 2004.
20. FERRARI S, RIGATELLI M: Diagnosi medica, psichiatrica e psicosomatica: alti utilizzatori in un ambulatorio di Medicina Generale. In: Reda MA, Navarrini C, Vatteroni R (a cura di): Medicina psicosomatica: recenti progressi nella ricerca ed in terapia. Atti del I Convegno Nazionale del GRP, Siena, 14 Maggio 2004, pp. 45-54.
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23. GALEAZZI GM, FERRARI S, GIAROLI G, MACKINNON A, MERELLI E, MOTTI L, RIGATELLI M: Psychiatric disorders and depression in multiple sclerosis outpatients: impacts of disability and interferon beta therapy. Neurological Sciences, 26: 255-262, 2005. IF = 1.220
24. RIGATELLI M, FERRARI S, GALEAZZI GM: Il problema diagnostico dei disturbi somatoformi. Atti del IX Congresso SIPC, Milano, 25-27 Novembre 2004. Psichiatria di Consultazione, VIII: 252-256, 2005.
25. FERRARI S, IANIRI G, RIGATELLI M: Il trattamento della comorbilità psichiatrica nella patologia neurologica cronica. Atti del IX Congresso SIPC, Milano, 25-27 Novembre 2004. Psichiatria di Consultazione, VIII: 222-226, 2005.
26. COLOMBINI N, FERRARI S, GABRIELLI F, RIGATELLI M: Depressione e cardiopatia: il punto di vista del medico di medicina generale. Psichiatria di Consultazione, IX: 20-25, 2006.
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38. FERRARI S, GALEAZZI GM, MACKINNON A, RIGATELLI M: Frequent attenders in primary care: impact of medical, psychiatric and psychosomatic diagnoses. *Psychother Psychosom*, 77: 306-314, 2008. IF = 6.000
39. BERARDI D, BORTOLOTTI B, TARRICONE I, RIGATELLI M, FERRARI S, PINGANI L: EACLPP conference in Bologna. *J Psychosom Res*, 64: 331-332, 2008.
40. RIGATELLI M, FERRARI S: Psychosomatic psychiatry: a comment from Italy. *Eur J Psychiatry*, 22: 52-53, 2008.
41. PALMIERI G, FORGHIERI M, FERRARI S, PINGANI L, COPPOLA P, COLOMBINI N, RIGATELLI M, NEIMEYER RA: Suicide intervention skills in health professionals: a multidisciplinary comparison. *Archives of Suicide Research*, 12: 232-237, 2008.

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52. MATTEI G, FERRARI S: Una riflessione sul ruolo politico del medico. Bollettino Ordine dei Medici di Modena, 2: 19-20, 2011.

53. TARRICONE I, STIVANELLO E, FERRARI S, COLOMBINI N, BOLLA E, BRACA M, GIUBBARELLI C, COSTANTINI C, CAZZAMALLI S, MIMMI S, TEDESCO D, MENCHETTI M, RIGATELLI M, MASO E, BALESTRIERI M, VENDER S, BERARDI D: Migrant pathways to Community Mental Health Centres in Italy. *International Journal of Social Psychiatry*, 58: 505-511, 2012. IF = 1.106
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