

CINZIA GIUBBARELLI

EDUCATIONAL CURRICULUM

Education and Specialties

1999 Scientific high school diploma from Liceo Scientifico Formiggini in Sassuolo.
Grade: 100/100.

15/07/2005 Bachelor's degree in Medicine from the University of Modena and Reggio Emilia, with an experimental dissertation in Psychiatry entitled: "*L'espressione corporea del disagio psico-sociale: uno studio transculturale di comunità*". The thesis was proposed for the Prize awarded by the Fondazione Cassa di Risparmio di Carpi for the best experimental thesis.
Grade: 110/110 cum lode.

II Session 2005 License to Practice for the Medical Profession from the University of Modena and Reggio Emilia

13/03/2006 Enrollment in the Modena Professional List of Physicians and Surgeons (no. 5987).

30/10/2009 Achievement of the Postgraduate Diploma in Psychiatry from the Faculty of Medicine, University of Modena and Reggio Emilia with an experimental thesis entitled: "*L'utilizzo dei servizi di salute mentale da parte dei migranti a Modena: uno studio prospettico e naturalistico*".
Final grade: 110/110 cum laude

20/12/2010 Enrollment on the Special Register of Psychotherapists with the Modena Medical Association.

09/05/2012 Completion of the four-year Special Training in Cognitive Psychotherapy with a constructivist and evolutionary orientation at the Bologna School of Cognitive Psychotherapy. Recognized by the Italian School of Behavioral and Cognitive Therapy.

Teaching-tutorship-research

08/05/2009 Participation in the National Competition "Health and Immigration: the contribution of Italian physicians," announced by the non-profit Previasme Foundation in Rome, achieving First Prize with the paper "*Prevalenza e fattori di rischio del disagio psicosomatico tra nativi e immigrati in Italia*".

2009-2010: Investigator for the F1J-EW-HMGD research protocol on "*interventi precoci vs. interventi tardivi nella depressione maggiore*" for Eli Lilly Italy

Since 2020-2021: Appointment of lecturer at the Degree program in Psychiatric Rehabilitation Technology: module "Psychosomatics" within the teaching "Clinical Psychiatry 2".

Scientific Publications

National volumes

- M.Rigatelli, S.Ferrari, **C.Giubbarelli**. I disturbi somatoformi. In: Manuale di Psichiatria. A. Siracusano. Il Pensiero Scientifico Editore, 2007.
- **C. Giubbarelli**, S. Baraldi, V. Salvi. Epatopatie. In: Clinica medica per lo psichiatra. A cura di A. Fiorillo, C. De Rosa, S. Ferrari. Il Pensiero Scientifico Editore, 2013.
- F. Ottolini, **C. Giubbarelli**, C. Piemonte, M. Rigatelli, S. Ferrari. I disturbi da sintomi somatici. In: Manuale di psichiatria. A Siracusano. Il pensiero Scientifico Editore, 2014.
- **C. Giubbarelli**, S. Baraldi, M. Rigatelli, S. Ferrari. Disturbi psichiatrici in corso di patologie mediche. In : Manuale di psichiatria. A Siracusano. Il pensiero Scientifico Editore, 2014.
- C. Reggianini, **C. Giubbarelli**, S. Ferrari. L'utilizzo dei servizi di salute mentale da parte dei migranti a Modena. Uno studio osservazionale. Edizioni Accademiche Italiane, 2019.
- **C. Giubbarelli**, S. Baraldi, M. Rigatelli, S. Ferrari. Disturbi psichiatrici in corso di patologie mediche. In: Manuale di psichiatria. C. Niolu e A. Siracusano. Il Pensiero Scientifico Editore, 2023.

Articles

- I.Tarricone, E.Stivanello, S.Ferrari, N.Colombini, E.Bolla, M.Braca, **C.Giubbarelli**, C.Costantini et al. Migrant pathways to community mental health centres in Italy. International Journal of Social Psychiatry. 3 august 2011.
- E. Tedeschini, L. Pingani, E. Simoni, D. Ferrari, **C. Giubbarelli**, D. Giuggioli, F. Lumetti, M. Rigatelli, C. Ferri, S. Ferrari. Correlation of articular involvement, skin disfigurement and unemployment with depressive symptoms in patients with systemic sclerosis: a hospital sample. International Journal of Rheumatic Diseases, 2013.
- **C. Giubbarelli**. Casi clinici. Interventi sul caso Atride. Psicoterapia e Scienze Umane. Franco Angeli, 2020 volume 54 n.4.

She has presented abstracts or short papers at national and international conferences

PROFESSIONAL RESUME

Specific Assignments

From 1/4/2011 to 1/05/2012: fixed-term employment at DSMDP of Ravenna, AUSL of Ravenna, as medical director psychiatrist, referent for the Psychiatric Rehabilitation Residence of Brisighella, Faenza

Since 10/22/2012: permanent employment at DSMDP- AUSL of Reggio Emilia, Scandiano Mental Health Center,

Since 1/1/2016: Referent of the DSMDP of Reggio Emilia for the Emilia-Romagna Region for the "*percorsi residenziali per la salute mentale*" program, by delegation of the Director of

the DSMDP

Since 1/2/2016: Referring psychiatric physician, manager of the psychiatric residential facility Villa Valentini, Scandiano

Since 1/1/2017: Referring physician in the mental health service of Scandiano for the support and assessment for maternity at risk corporation project

Since 1/03/2020: Head of Simple Structure (SOS) of Villa Valentini Residence and Semiresidence, Scandiano

From 1/07/2021: Head of Simple Structure (SOS) of CSM of Reggio Emilia, via Amendola

Professional Skills

Psychotherapist, trained at the constructivist cognitive-behavioral school of psychotherapy in Bologna.

Training (2015-2019) in the assessment, management and treatment of patients with severe personality disorder, following Marsha Linean's DBT model, and subsequent group leading addressed to both patients and family members.

Training on "Complex Trauma" with the aim of identifying the presence of traumatic areas in need of specific and relevant treatment for patients in need.

Development through dedicated training of managerial and leadership skills

Training on management skills: "Development and improvement of technical-professional, digital and managerial skills for healthcare system operators". PNRR Healthcare - September-december 2024, Bologna

Reggio Emilia, 11/08/2025



