

Curriculum Vitae



Personal Information

Name/Surname: Clelia Miloro

e-mail: clelia.miloro@gmail.com

Citizenship: Italian

Date of Birth: 13-12-1983

Gender: F

Professional Sector: Dietitian

Teaching Experience

Dates: From 2018 to 2021

Position Held: Lecturer on contract

Faculty: Department of Biomedical Sciences and Neurosciences, University of Modena and Reggio Emilia

Course: Bachelor Degree in Dietetics

- Medical Nutrition Therapy in Nephology for the 3rd academic year

Dates: From 2024 onwards

Position Held: Lecturer on contract

Faculty: Department of Biomedical Sciences and Neurosciences, University of Modena and Reggio Emilia

Course: Bachelor Degree in Dietetics

- Medical Nutrition Therapy in artificial nutrition and severe obesity

Dates: From 2012 onward

Position Held: Clinical Internship supervisor

Faculty: Department of Biomedical Sciences and Neurosciences, University of Modena and Reggio Emilia

Course: Degree in Dietetics

- Clinical tutoring activities in the 2nd and 3rd academic years

Professional Experience

Dates: From July 2012 to today

Position: Health Professional, Category D

Professional Profile: Dietitian, Healthcare Professional Collaborator

Contract Type: Permanent contract from 2012 to 2019 at AUSL of Modena, from 01/01/2020 at AOU of Modena

Main Activities and Responsibilities

- Clinical nutrition: multidisciplinary treatment of severe obesity and surgical therapy both outpatient and inpatient
- Outpatient nutritional services for nephrology, cardiology, oncology, and diabetology patients.
- Nutritional counseling and assistance for hospitalized patients

Employer: University Hospital of Modena

Sector: Healthcare

Dates: From 2010 to June 2012

Position: Health Professional, Category D

Professional Profile: Dietitian, Healthcare Professional Collaborator

Contract Type: Freelance contract

Main Activities and Responsibilities

- Outpatient activities dedicated to the Severe Obesity Pathway with a multidisciplinary and interdisciplinary approach, pre-surgical assessments, and follow-up

Employer: Azienda USL Modena

Sector: Healthcare

Dates: From 2009 to 2010

Position: Health Professional, Category D

Professional Profile: Dietitian, Healthcare Professional Collaborator

Contract Type: Fixed-term contract

Main Activities and Responsibilities

- Assistance activities at the Diabetology, Cardiology outpatient clinics, and hospital ward

Employer: Azienda USL Modena

Sector: Healthcare

Dates: From 2009 to 2010

Position: Freelance Dietitian

Education

Date: 23/11/2007

Degree and Professional Qualification: Degree in Dietetics and Licensure to Practice

Name and Address of Employer: University of Modena and Reggio Emilia

Level in the National or International Classification: Bachelor Degree in Dietetics

Title of the Qualification Awarded: Social Services Technician

Name and Type of Educational and Training Organization: Carlo Cattaneo State Professional Institute of Modena

Level in the National or International Classification: Diploma

Continuing Education

I participate in ongoing training activities to earn Continuing Medical Education (CME) credits from the National Program for the Training of Healthcare Operators, Ministry of Health, and company training courses.

Personal Skills and Competences

Mother Tongue: Italian

Other languages: English

- Listening: Basic
- Reading: Basic
- Oral Interaction: Basic
- Spoken Production: Basic

Publications

- Palumbo P, Banchelli F, Miloro C, Toschi PF, Mecheri F, Gabriele S, Pantaleoni M, D'Amico R, Menozzi. Weight loss trend after bariatric surgery in a population of obese patients. *Clin Nutr ESPEN*. 2023 Oct;57:58-64. doi: 10.1016/j.clnesp.2023.06.015. PMID: 37739709
- Spaggiari G, Santi D, Budriesi G, Dondi D, Cavedoni S, Leonardi L, Delvecchio C, Valentini L, Bondi M, Miloro C, Toschi PF. Eating behavior after bariatric surgery (EBBS) questionnaire: a new validated tool to quantify the patients' compliance to post-bariatric dietary and lifestyle suggestions. *Obes Surg*. 2020 May 24. PMID: 32447636 DOI: 10.1007/s11695-020-04723-w.
- Mattioli AV, Miloro C, Pennella S, Pedrazzi P, Farinetti A. Adherence to Mediterranean diet and intake of antioxidants influence spontaneous conversion of atrial fibrillation. *Nutr Metab Cardiovasc Dis*. 2013 Feb;23(2):115-21. doi: 10.1016/j.numecd.2011.03.005. PMID: 21798731
- Mattioli AV, Farinetti A, Miloro C, Pedrazzi P, Mattioli G. Influence of coffee and caffeine consumption on atrial fibrillation in hypertensive patients. *Nutr Metab Cardiovasc Dis*. 2011 Jun;21(6):412-7. doi: 10.1016/j.numecd.2009.11.003. PMID: 20167459

I hereby authorize the processing of my personal data in accordance with Article 13 of Legislative Decree No. 196 of June 30, 2003 ("Personal Data Protection Code") and Article 13 of EU Regulation 679/2016 ("General Data Protection Regulation – GDPR").

Modena, August 12, 2025

Clelia Miloro