

July 2025

CURRICULUM VITAE

Full Name MONAUNI SILVIA

Date and place of birth 11/12/1973 VERONA (VR)

Administration A.U.S.L. di Reggio Emilia

Qualification Head Psychologist, Department of Mental Health and Pathological Addictions

Current position PROFESSIONAL Since 01/07/2009

Office Number 0522339521

EDUCATION

Degree:

1998: Degree in Psychology from the University of Padua with a final grade of 110/110 cum laude

2006: Specialization in Psychotherapy at the Center for Psychology and Transactional Analysis in Milan

Additional Academic and Professional Qualifications:

2002: Diploma in "Analytical-Transactional Counseling and Humanistic Methodologies" from G.E.T. in Genoa (608 hours)

2000: Diploma in "Advanced Course in Psychological Testing" from the University of Padua (100 hours)

2000: Diploma in "Two-Year Phenomenological-Existential Training for Social Operators" with a Rogersian approach from the European Community (308 hours)

Participation in Professionally Significant Training Events:

2018/2024: Case supervision using EMDR technique

October 13-15, 2023: Dialectical Behavioral Therapy, Intensive Level 3 Training, led by Charles R. Swenson

February 10-12, 2023: Dialectical Behavioral Therapy, Intensive Level 2 Training, led by Charles R. Swenson

April 2023: Training on "The Complexity of Distress Manifestations in Young Users," Dr. Costa

2016/2024: Training program on groups for patients with borderline personality disorder according to the Dialectical Behavior Therapy (DBT) model (Marsha Linehan), DBT skills training, Dr. Ridolfi

2022: Training on "Addressing Gender Identities in Territorial Services"

2021/2022: "The Rules of the Game." Training program for navigating and understanding the world of social media platforms and video games.

2021: AUSL/MUNICIPALITY/PROVINCE Training program "Knowing to Recognize and Address Male Violence Against Women in Intimate Relationships"

2018: EMDR Workshop Level 2

2018: EMDR Workshop Level 1

2016/2019: Training on psychotic onset and the use of CAARMS, Dr. Eva Gebhardt

2016: Regional training on conducting DBT groups for parents of patients with borderline personality disorder based on the model by Dr. Marsha Linehan, Dr. Ridolfi

2016: DBT Workshop (20 hours) on group leadership with patients with borderline personality disorder, Dr. Lavinia Barone

2009/2017: Training on "Migration" with Centro Fanon in Turin, including scheduled supervision

and theoretical deepening

2010/2016: Member of the Jungian Cultural Center Temenos, Bazzano, Bologna, promoting activities in Jungian Psychology with participation in various theoretical deepening and case supervision days

2012/2015: Training on the Rorschach test according to the Exner methodology

2011-2013: Two-Year Master in Psychiatry in Penitentiary Contexts organized by the Emilia Romagna Region

2009/2014: Training organized by the Emilia Romagna Region on "Working with Perpetrators of Gender Violence in Intimate Relationships"

2010: Use of the Wartegg Test in psychodiagnostics

2009/2012: Management and treatment of personality disorders and high-care patients: Metacognitive DBT treatment

2008/2013: Case supervision, Dr. Fischetti, SPI

Ongoing professional development with updates and participation in conferences organized by AUSL Reggio Emilia and province.

WORK EXPERIENCE

October 2016 to present: Psychologist at the Centro Salute Mentale di Via Petrella:

- Diagnostic assessment activities (WAIS, Leiter 3, and personality tests)
- Psychological support sessions and psychotherapy
- Preparation of personality profiles for the Juvenile Court of Bologna upon request from Social Services
- Conducting DBT groups using Marsha Linehan's model for patients with Borderline Personality Disorder (fourth edition completed)
- Conducting groups for family members of patients with Borderline Personality Disorder (third edition completed)
- EMDR sessions for life traumas

- Member of the Gender Violence Prevention Coordination Table

2009/2016: Employee at the Department of Mental Health and Pathological Addictions at the Reggio Emilia Prison. Provided psychological services to inmates, including suicide risk assessment, diagnostic assessment, individual support and psychotherapy sessions, network activities with local services. Group psychological activities, particularly "Dialogues from the World" focusing on migration and understanding the "other" to improve coexistence in the institution, and the "Cain" group focusing on violence and aggressive behavior.

2009/2016: Member of the Business Improvement Group on Migration, involved in training and research on the topic.

2010-2015: Member of the CEP (Executive Program Committee) responsible for health in penitentiary institutions

January 3, 2005 - June 30, 2009: Ambulatory Specialist as Psychologist at AUSL Reggio Emilia, at the Sert Carcere and OPG facility. Provided psychological assessment and counseling to inmates and drug-dependent individuals

March 15, 1999 - December 31, 2004: Centro di Solidarietà di Reggio Emilia (CEIS), provided individual and group psychological services for drug-dependent patients and their families.

OCCASIONAL COLLABORATIONS

Projects in collaboration with the Ministry of Justice:

2005: Project "Sostanz(i)almente Cinema": Film forum with reflections on issues related to incarceration and substance abuse

2008: Multicultural Group Project aimed at dialogue and exchange among inmates of different nationalities

Freelance Activities:

Since 2004: Private psychotherapeutic and psychodiagnostic evaluation activities, intramural

Teaching Activities

2023/2024 (ongoing): Lecturer for the Psychodynamic Psychology course at Unimore, second year, Faculty of TRP

2014/2024 (ongoing): Lecturer for the Clinical Psychology course at Unimore, first year, Faculty of TRP and TO

March and October 2022: "Family Psychoeducation in Borderline Personality Disorders: Concepts of Mentalization, Validation, and Emotional Expression—Useful Tools for Family Members"

2014: "Migration and Its Intersections: The Fragility of Migratory Paths," AUSL Reggio Emilia

2014: "Migration and Its Intersections: Psychopathology and Culture," AUSL Reggio Emilia

2013: Lecture on "Migratory Trauma," University of Modena and Reggio Emilia, Faculty of Medicine and Surgery, "Hopes, Defeats, and Resources of Migration, Clinical Case Discussions"

2013: Lecture on "Pathological Dependencies in Migrants: A Reflection on the Situation in Reggio Emilia to Strengthen Opportunities and Improve Responses Together," AUSL-Caritas event

2012: Lecture on "Migration" at the Reggio Emilia provincial office

2011: 24 hours of lectures on "Migration" at AUSL and hospitals in Guastalla, Castelnovo ne' Monti, and Correggio

2002-2004: Lecturer in transversal training courses with FORMART and ECIPAR for apprentice classes, on "Interpersonal Communication"

Participation in Conferences as a Speaker:

December 2013: "In cammino, donne e uomini che guardano al futuro," Unione dei Comuni della Val d'Enza, event organized on the topic of gender violence

June 2013: Conference "La Psicologia clinica, prospettive in ambito penitenziario," Regione Emilia Romagna on Penitentiary Health

September 2012: During Mental Health Week, AUSL Reggio Emilia, Conference "Esperienze in Viaggio," presentation titled "Progetto di integrazione multiculturale in Carcere: Dialoghi dal Mondo"

September 2011: During Mental Health Week, AUSL Reggio Emilia, Conference "Traiettorie oltre le sbarre," presentation titled "Il Servizio di Salute Mentale in Carcere: Filosofie, rete e dimensioni emotive"

Published Works:

2014: Article "La violenza di genere. Quale intervento?" September-October, *Psicologia Contemporanea*

2015: Chapter "Il gruppo Caino" in the book *Linguaggi e gesti della violenza* edited by D. Vasari and A. Spada, Publi & Stampa Edizioni

2015: Article "Caino, un'esperienza di gruppo in carcere" in *Bollettino Ordine degli Psicologi dell'Emilia Romagna*, Bulletin No. 1, 2015

2014: Article “Dialoghi dal mondo. I gruppi psicologici interetnici”, March-April issue, *Psicologia Contemporanea*

2014: Contributed to the drafting of the regional program for health in Penitentiary Institutions, specifically in the section describing the clinical psychologist’s role in prison “Indicazioni alle aziende USL per la redazione dei programmi aziendali”

2014: Contributed to the drafting of Circular 11/14 on “Prevenzione del rischio autolesivo e suicidario in carcere e nei servizi minorili”, particularly in the description of useful tests for risk assessment

2012: “Dialoghi dal Mondo”: booklet edited by Dr. Silvia Monauni and Dr. Daniele Vasari, printed in collaboration with AUSL Reggio Emilia and the Ministry of Justice, for the proceedings of the conference “Esperienze in Viaggio”

2010: Abstract “Dialoghi dal mondo” for the national conference “Diversità come normalità: equità di accesso come sfida nei servizi sanitari e socio-sanitari”

Research Activities 1996-1998: Research at the Institute of Human Physiology, University of Verona, aimed at writing the thesis

Language Skills:

- **English:** Good spoken and written proficiency
- **Italian:** Native speaker
- **German and French:** Basic knowledge

