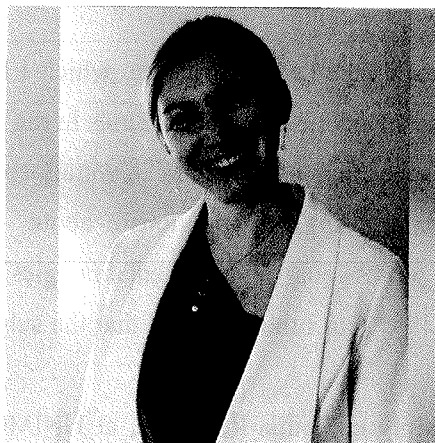


Curriculum Vitae
Europass



DECLARATION IN LIEU OF A NOTARISED AFFIDAVIT (ART. 47, Presidential Decree No. 445 of 28 December 2000) the undersigned, Letizia Nava, [REDACTED]

[REDACTED] Tax Code NVALTZ78M42F257U, being aware of the provisions of Article 76 of Presidential Decree No. 445/2000 concerning the forfeiture of benefits granted on the basis of untruthful declarations, as well as the criminal liability arising from the making of false declarations and the creation and use of forged documents, hereby declare on my own responsibility

DECLARES

Personal details

First name(s) / **Letizia Nava**

Surname(s)

Address(es)

[REDACTED]

Telephone number(s)

[REDACTED]

[REDACTED]

[REDACTED]

Skype

[REDACTED]

Email

[REDACTED]

Nationality

Italian

Place and date of birth

[REDACTED]

Tax Registration

NVALTZ78M42F257U

Number

Gender	F
Title	Position OPI Modena, num 3751
Desired Occupation	I am a nurse who is passionate about my profession, which I have been practising for around twenty years whilst employed by public health authorities in the province of Modena. I have developed a clinical specialism as an expert in certain specific areas of care, as well as a focus on training – something I am very passionate about – alongside the organisation of innovative programmes and professional development strategies. I qualified as a surveyor in 1997, but I then realised that the subject did not interest me as much as caring for people. I undertook my training mainly in Emilia-Romagna, at UNIMORE and UNIPR. I continue to develop my skills by pursuing paths that align with my professional and personal aptitudes, in a flexible manner. I have attended both face-to-face and online Master’s programmes, appreciating the diversity they offer. I have also trained as a coach using an integrated, psychodynamic approach, to learn techniques that can also be applied in the healthcare sector. Whilst developing my skills in the healthcare sector, I have developed a passion for peer-to-peer training and teaching young students of medicine, nursing and social and healthcare workers. I am interested in environmental conservation and animal welfare, and I am a firm believer in the role of volunteering, which I support through non-profit organisations and associations, including in developing countries. I also pursue other interests focused on sustainable development and the collaborative realisation of human potential, both through individual and group coaching and through professional exchanges in various fields.

**Professional
experience**

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

November 2000–February 2002

Modena University Hospital, Largo del Pozzo, 71, 41122 Modena

Nurse

Internal Medicine 2 – Gastroenterology,

February 2002/June 2003

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Nurse

Istituto Charitas,

June 2003/November 2011

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Nurse

Home Nursing Care (ADI e N.O.D.O.),

December 2011/March 2021

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Nurse Specialist in wound care

Outpatient specialist: ran a District Nursing Clinic from 2012 to March 2021; since September 2020, based at the Casa della Salute in Modena.

November 2020/March 2021

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Nurse

Active monitoring of Covid patients in isolation, collaboration on the local Covid-19 emergency response

March 2021/April 2023

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

DSP Vaccinations in a secure session Modena Single Vaccination Centre

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

August 2021/October 2025

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Organisational role: Nursing Coordination (Care Directorate-Primary Care Department)

Coordination of provincial nursing clinics

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

January 2015/Aprile 2023

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Nurse Specialist in Wound care

Member of the provincial network Wound Care

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

September 2023/Agosto 2026

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Organisational role:: Nursing Coordination (Care Directorate-Primary Care Department)

Since October 2025

Member of the Modena Local Health Authority's regional nutrition team

Member of the Community of Practice in Family and Community Nursing

Member of the multi-professional health promotion team – RER projects –

- Period
- Employer's name and address
- Job title or position held
- Main duties and responsibilities

Aprile 2026/oggi

Ausl Modena, via S. Giovanni del Cantone 23, 41121 Modena

Organisational role: Monitoring of services and integrated clinical networks

Member of the multi-professional Health Promotion team – RER projects-

Main duties and responsibilities

- Nursing consultancy as a wound care specialist for the Modena Local Health Authority (ASL), in both community and hospital settings, in collaboration with multidisciplinary teams (doctors, pharmacists, nutritionists, physiotherapists and in-house specialists), with responsibility for prescribing Negative Pressure Wound Therapy from 2015 to April 2023.

- Drafting of operational instructions, procedures and guidelines for good care practice across the various departments.

- Training programmes in the fields of wound care (management and care of people with wounds, medical aids, assistive devices, medical equipment and care models), healthcare IT applications, care for people with chronic conditions and disabilities, pain management nursing and personal care and hygiene, and integrated care, within the Modena health authorities, the Modena OPI, training agencies and private organisations.

- Contract lecturer on the UniMore Bachelor's Degree programme in Nursing, supervising students' clinical placements from 2012 to April 2023, with the role formalised in 2015; this included students from abroad participating in Erasmus programmes.
- **Contract lecturer for UniMore** on the Level I Master's programme and the Bachelor's degree programme in Nursing, at the Modena campus (described below).
- **Responsible for maintaining waste intake and disposal records and managing identification forms (FIR)** at the Casa della Salute in Modena, 2020/2021.
- Lecturer at the **ForModena** training centre for healthcare assistants from 2020 to the present, teaching '*Personal Hygiene*' (2020, 2021, 2022, 2024, 2025, 2026) and '*General and Environmental Hygiene*' (2022 only).

Scientific societies and associations

- Member of the NANDA-I Network from April 2024 to the present, with training projects across Italy.
- Member of the PaLiNUro Association since 2025.
- Member of the Modena branch of the Italian Red Cross (CRI).

Training and refresher courses, and publications

- Participation in a study on patients with dementia, Modena Local Health Authority, 2008.
- Participation in a study by the Modena Local Health Authority entitled 'Clinical investigation into the treatment of skin lesions in home care using the F.R.E.M.S. method', *Acta Vulnologica*, vol. 8, no. 2, 2010.
- Participation in an in-house working group on advanced wound dressings, from 2016 to 2023.
- Participation in the CCLAB Project – Emilia-Romagna Region, 2023–26.
- Participation in a validation study of a G-NNN linkage tool using the Delphi method, Italian working group, 025.
- Publication of a case report on "A person with diabetes and skin lesions", with Smith & Nephew, AIUC Congress, Bologna, 2010. Publication with Dupress, *Percorsi sociosanitari* "The Nursing Profession in the New Millennium" by S. Degli Esposti Elisi and M. Peccenini Bologna 2011.
- Presentation of a case report poster entitled "Diabetic patient with peripheral arterial disease" Convatec ADY DAY, Verona, October 2012.
- Publication of a case report poster entitled "A patient with vascular ulcers" with Systagenix, at the AIUC National Congress in Rimini, 2012.
- Participation in the project to set up the first nursing clinic at the Modena Local Health Authority (AUSL) in 2012–2013, followed by the development of other district clinics.

Lecturer at the Modena Vascular Surgery Seminar: 'Seminar III: Peripheral Arterial Disease Treatment of Ischaemic Ulcers – The Role of the Nurse', Modena Local Health Authority December 2010.

Lecturer on the First-Level Master's Programme in Integrated Healthcare: "Nursing care palliative care and injuries, including in relation to non-conventional medicine", University Modena, Academic Year 2011/2012.

Lecturer on the First-Level Master's Programme in Integrated Healthcare, 'Complementary Nursing Care in Wound Care', University of Modena and Reggio Emilia, Academic Year 2012/2013. Docente presso il **Master di Primo livello in Assistenza Sanitaria** Integrata "*Le cure complementari infermieristiche nel wound care*", Università degli studi di Modena e Reggio Emilia, Anno Accademico 2012/ 2013.

Use of the **Problem-Based Learning (PBL)** teaching methodology in teaching activities on the Bachelor's Degree Course in Nursing at the University of Modena and Reggio Emilia; basic knowledge of the **Team-Based Learning (TBL)** method. These methods have enabled students to develop problem-solving and group decision-making skills.

Use of the **SBAR methodology** in the development of Nursing Care Plans using the NANDA-international taxonomy in clinical practice.

Publication of a clinical case poster on a patient with a post-surgical wound using Convatec ADY DAY: '*Management of exudate and peri-lesional skin*', Rimini, May 2013.

Presentation of a clinical case poster on a patient with a complicated infected wound in collaboration with B. Braun, at the AIUC National Congress, Milan, September 2013.

Regular attendance as an observer at congresses, seminars and conferences on wound care organised by leading national and international associations: AISLEC, AIUC, SIRTES C.O.R.T.E., with CME credits.

Lecturer on the **Master's Degree programme in Integrated Healthcare** in the 2012/2013 and 2013/2014 academic years at the **University of Modena and Reggio Emilia**, Modena campus.

Lecturer on the **Bachelor's Degree Programme in Nursing** from the 2012/2013 academic year to the 2021/22 academic year at the **University of Modena and Reggio Emilia**, Modena campus, 2nd year, 1st semester, teaching module Med.45 '*Nursing in Chronic Conditions and Disability*'.

Lecturer on the **Bachelor's Degree Programme in Nursing** from the 2025/26 academic year at the **University of Modena and Reggio Emilia**, Modena campus, 3rd year, 2nd semester, for the module Med.24/C '*Family and Community Nursing*'.

Member of degree assessment panels for the Bachelor's Degree in Nursing at the Modena campus.

Educational guidance and support for students on the Bachelor's Degree in Nursing programme in the preparation of their final dissertations from 2012 to 2022, acting as supervisor and co-supervisor.

Mentoring, classroom training and guidance for General Practitioners at the Modena Local Health Authority (ASL), from 2015 to 2021.

Participation in the drafting and revision of protocols at the Modena Local Health Authority

(ASL) on Negative Pressure Wound Therapy (2016–18), Pressure Injuries (2016–18 and 2019–20), and Vascular Ulcers (2017). Collaboration in the identification and development of community-hospital clinical pathways for diabetic foot and training within the ASL. 2015–18

Speaker at conferences, congresses and seminars on the topics of wound care, nursing care, the new community healthcare system and governance models, AI and nursing.

Speaker at the conference *'PDTA for patients with acute and chronic wounds: current status and future prospects within the hospital network'*, Bologna, 27 November 2024.

Below are some of the **refresher courses** attended in recent years:

Attended the Modena Local Health Authority (ASL) course on *'Relationship-based nursing care: from theory to practice, from training to clinical practice'* and *'G-NNN'*, Vignola, 2018.

Attended the compulsory ASL Modena course on *"BLS-D Category B for healthcare professionals in accordance with the 2015 IRC guidelines"* and *"PBLSD"*, approximately every 3 years; most recent BLS-D course in 2019.

Attended the ASL course *"Safety in pharmacotherapy"*, January 2019.

Attended the ASL course *'New data protection legislation: what's changing for healthcare organisations'*, May 2019.

Attended the ASL course *'Interactive training in small multidisciplinary groups on the correct use of inhalation devices'*, December 2019.

Attended the ASL course *'From clinical practice to research: the ethics committee'*, February 2020.

Attended the ASL and ISS course on *'Surveillance and Control of SARS-CoV-2 Infection'*, held throughout 2021 in various online sessions.

Attended the ASL course *"Basic Mindfulness Course: I look after myself so that we can look after each other"*, February 2021 and subsequent sessions.

Attended the compulsory ASL Modena course *"Refresher and Retraining Course for members of the fire emergency management team"*, April 2021.

Participation in the ASL course on *"I look after myself so that I can look after us"*, Jan/Feb 2021.

Participation in the ASL and ISS course on *"Vaccination of healthcare workers against SARS-CoV-2: rights and duties"*, March 2021.

Attended the ASL course *'Covid and flu vaccination: organisational aspects and adverse reactions'*, November 2021.

Attended regular refresher courses such as *'Legislative Decree No. 81/2008 – Additional specific training for safety officers'*, latest edition February 2022, Modena Local Health Authority.

Attended the Modena Local Health Authority course *'Prevention of aggressive behaviour and/or acts of violence against workers'*, March 2022.

Participation in the ASL course “Pathological addictions and work in the healthcare sector: addiction and prevention”, March 2022.

Participation in the online course “Global health and health equity. 2nd updated and expanded edition”, February 2022, organised by the Department of Public Health at the University of Florence, delivered by Medici con l’Africa Cuamm with the support of the European Union and a contribution from the Region of Tuscany, as part of the Regional Initiative Project (PIR).

Participation in the FNOPI course ‘Responsibility in the healthcare sector: navigating complexity’, March 2022.

Participation in the seminar led by Prof. C. Diclemente, “The Transtheoretical Model of Change in relation to the implementation of the Regional Prevention Plan”, Luoghi di Prevenzione, Reggio E., 14 September 2022 and 2025.

Attended the ASL course ‘Developing a Competence Profile in the Care Sector’, Modena, March 2022.

Attended the ASL course ‘Pillole di SegnalER: the role of the director/manager/head of department’, 2022 edition.

Attended the ASL course “SegnalER in a Nutshell: reporting on pressure ulcers”, 2022 edition.

Attended the RER course “Narrative medicine in care pathways”, 2022 edition.

Attended the ASL course “Safety and appropriateness in transfusion therapy”, October 2022.

Attended the RER course ‘Advanced dressings’, 2022 edition.

Attended the RER course ‘Prevention of antimicrobial resistance’, 2022 edition.

Attended the RER course ‘Prevention of healthcare-associated infections’, 2022 edition.

Attended the RER course ‘Regional guidelines for the prevention of pressure ulcers’, 2022 edition.

Attended the RER course ‘Assessment and categorisation of pressure ulcers’, 2022 edition.

Attended the ASL course ‘Essentials of Forensic Medicine: Professional Liability and Direct Claims Management’, May 2023.

Attended the ASL course ‘Insights into forensic medicine: informed consent and advance healthcare directives’, May 2023.

Attended the ASL and AOU course ‘The skills of future nurses: innovative teaching methods to respond effectively to citizens’ needs’, May 2023.

Participation in the RER course ‘Understanding each other is good for your health: health literacy’, 2023 edition.

Participation in the RER course ‘ClinicalKey Elsevier for scientific research’, 2023 edition.

Participation in the RER course ‘Prevention of infectious and antimicrobial risks’, 2023 edition.

Attended the RER course ‘Basic course on healthcare data management: spreadsheet management’, 2023 edition.

Attended the RER course ‘Advanced course on healthcare data management: spreadsheet management’, 2023 edition.

Attended the RER course “Advanced digital communication course for word processing in professional practice”, 2023 edition.

Attended the RER course “Exclusive dressings”, 2023 edition.

Attended the RER course “UpToDate: finding evidence-based answers to clinical questions”, 2023 edition.

Participation in the ASL course ‘NANDA nursing diagnoses turn 50: comparing experiences’, May 2023.

Participation in the ASL course ‘The role of healthcare professionals from the perspective of environmental sustainability. Waste management in healthcare facilities’, June 2023.

Participation in the two-year RER participatory training programme “CasaCommunityLAB. Training and participatory approaches in Community Homes”, 1st edition, Bologna, 2023/2024.

Participation in the ASL course “From the competence profile to the development of shared tools for the management of nursing units, implementation in the Care Area”, December 2023.

Attended the seminar series “DM77 Instructions for Use”, Faculty of Economics, Rome campus, ALTEMS, Catholic University of the Sacred Heart, March–May 2024.

Attended the ASL course “Healthy Lifestyles: Pathways to Wellbeing”, May 2024.

Participation in the AOU Modena course “The SBAR Methodology: Application in Corporate Contexts”, June 2024.

Participation in the AOU Modena course “Human Caring: Ethics and Compassionate Kindness in Healthcare and Nursing”, September 2024.

Participation in the webinar ‘The New Local Healthcare System – Results of the FIASO Survey and New Governance Models’, September 2024.

Participation in the Rimini District’s Plan to Combat Inequalities. Workshop: Tools for cross-sectoral work and community participation. Ministerial Decree 77, AFT, UCCP: from theory to practice, Rimini, 27–28–29 September 2024.

Training dates

In 1997, I obtained the **‘Technical Upper Secondary School Certificate for Surveyors’** from the **‘G. Guarini’** State Technical Institute for Surveyors in Modena, with a mark of 54/60.

1997-2000: **“University Diploma in Nursing”** from the University of Modena and Reggio Emilia (Modena campus), awarded on 15 November 2000, with a mark of 110/110 with honours.

2003-2004: **“Bachelor’ s Degree in Nursing Sciences”** from the University of Modena and Reggio Emilia, with a mark of 110/110.

2006-2007: **“13th Advanced Course in Wound Care”** at the University of Modena and Reggio Emilia, including national practical placements and ongoing CPD, with a mark of 24/30.

2015: **“Clinical Placement Supervision Course”** at the University of Modena and Reggio Emilia, with ongoing availability to carry out the role.

2016/17 **“Master’s Degree in Integrated Community and Family Care”** at the University of Parma, completed on 12 April 2018 with a mark of 110/110 with distinction.

2018/19: **“Master’s Degree in Management and Coordination of Healthcare Professions”**, at Unitelma La Sapienza University, Rome, completed on 25 November 2019 with a mark of 110/110 with distinction.

2019/20 **“Master’s in ForensicNursing”**, at Unitelma La Sapienza University, Rome, completed on 25 November 2020 with a mark of 110/110.

2021/22 **“Master’s Degree in Nursing and Midwifery Sciences”**, at the University of Parma, completed on 30 April 2026, with a mark of 101/110.

Personal skills and abilities

In medicine, as in other fields, there are hundreds of paths to well-being and just as many useful tools for caring for people. No one approach is better than another: they all work, albeit different ways. Having worked as a nurse in hospitals and in the community, specialising in chronic conditions, has provided me with a wealth of valuable knowledge, particularly **soft skills** in terms of communication and interpersonal relationships. **Flexibility** is a valuable asset, and this aspect is an integral part of my professional development. Among the skills I have acquired over time, I would include drawing out the potential within people, identifying a community's resources, fostering and sustaining motivation – which helps people achieve their desired goals – working **as part of a team**, and actively collaborating on projects, not just within the healthcare sector. I have acquired both interpersonal and technical skills and competences, drawing on specific professional experiences and my ongoing openness to new fields, such as the social and political spheres.

Social, managerial, organisational and educational skills and competences developed through my work with AGESCI (Association of Italian Catholic Guides and Scouts) over a period of several years, and through my involvement in the Youth Ministry programmes of the Diocese of Modena for approximately 10 years as an educator working with various age groups, including collaboration with other dioceses outside the province and region.

Native language(s)

Italian language

Other language(s)

English-German

Self-assessment

European level (*)

English

Comprehension				Spoken				Written	
Ascolto		Lettura		Interazione orale		Produzione orale			
	B2		B2		B2		B2		B2
	B1		B1		B1		B1		B1

Digital skill and competence	Proficient in using iOS, Macintosh, Microsoft Office suites, the SPSS/JAMOVİ statistical software and other digital platforms. Good skills in scientific research (databases, academic journals, online libraries). Excellent knowledge of and ability to navigate the internet and social media, and to use data storage and management platforms (Google Drive, Dropbox, WeTransfer) Proficiency in the following IT applications: Dedalus Adıweb, Dedalus Arianna Nursing Clinic (for which I have completed accredited training courses), the GAAC system, LISS, SAI, SIO LHA, Florence and Cairos.
Organisational skills	I use a mix of leadership styles (participative, democratic, shared and others, depending on the objective and context) when working with small groups, drawing on my clinical and teaching experience.
Communication skills	Personality traits and style: emotional intelligence skills, NLP (Neuro-Linguistic Programming) techniques, active listening, a combination of soft skills and resilience-based approaches linked to traits associated with Highly Sensitive People (HSPs). Interests and personality traits linked to sports training and team building, collaborative and empowerment-based strategies.
Driving licence	B

**Further
Information**

I practise kindness

I cherish the little moments

I communicate well

Interests focused on the development of the nursing profession, including collaboration with **OPI Modena and the NANDA-Italy Network**, with a particular focus on the training, development and promotion of the nursing discipline.

National and international voluntary and professional collaboration activities, including within the healthcare sector, participating in **cooperation and development projects** for local communities (Madagascar 2006, Brazil 2001–2004, Benin 2020) with non-profit organisations (Unitalsi and other associations).

Currently studying for a qualification in Integrated Coaching at the Epochè Institute, with a view to acquiring psychological skills and integrated approaches applicable in the healthcare sector (training, resource management, identifying pathways, staff motivation, teamwork).

Interests focus on socialisation and work reintegration projects for people with disabilities and substance use disorders, in collaboration with social services.

Interests include environmental sustainability and ‘natural wellbeing’, ‘animal wellbeing’ and voluntary work such as ‘pet therapy’ and ‘hippotherapy’, through recreational and sporting activities organised by associations, links with municipal dog and cat shelters, voluntary work in care homes for the elderly, and the Modena branch of the International Red Cross.

I consent to the processing of my personal data in accordance with Legislative Decree No. 196 of 30 June 2003, the “Personal Data Protection Code”.

Modena, 29 luglio 2026

Letizia Nava

