

PATRIZIA PALUMBO

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Gender: Female | Date of Birth: 27 Aug 1983 | Nationality: Italian

WORK EXPERIENCE

OCTOBER 2021 - PRESENT

UNIVERSITY OF MODENA AND REGGIO EMILIA

INTERNSHIP TRAINER

Trainer for student of 2nd year of Bachelor's Degree in Dietetics.

APRIL 2018 - PRESENT

UNIVERSITY HOSPITAL OF MODENA

CLINICAL DIETITIAN

Dietitian specialized in metabolic issues, I provide MNT for patients with kidney and liver problems.

Dietitian of Nutritional Team managing enteral and parenteral feeding and oral nutritional support of inpatient and outpatients.

APRIL 2017 – APRIL 2018

AUSL OF REGGIO EMILIA

CLINICAL DIETITIAN

Diabetes nutritional counselor.

Dietitian of Nutritional Team managing enteral and parenteral feeding and oral nutritional support of inpatient and outpatients.

JUNE 2007 - APRIL 2017

AUSL OF MODENA

CLINICAL DIETITIAN

September 2013 – April 2017

Diabetes nutritional counselor

June 2012 - June 2013

Clinical Dietitian

June 2007 - August 2013

Eating Disorder Dietitian

July 2010 - May 2011 as Dietitian freelance at "Nuovo Ospedale Civile Sant'Agostino Estense" (NOCSAE) in charge of enforcing Nutritional Therapy (Nutritional rehabilitation and Cognitive Behavior Therapy), giving meals assistance to patients as a task into the development of interdisciplinary diagnosis and therapy of eating disorders program team.

January 2010 - July 2010 achievement of scholarship entitled "Interdisciplinary Diagnosis and Therapy of Eating Disorders" at UO Nutrition and Dietetics, NOCSAE;

June 2007 - October 2009 volunteer internship at UO Internal Medicine, Obesity and ED, NOCSAE.

Clinical Dietitian for dysphagic patients with chronic or acute degenerative disease (stroke, ALS), with or without metabolic problems.

Interdisciplinary outpatient treatment of Eating Disorders and Severe Obesity Nutritional therapy in patients with metabolic diseases (liver disease, metabolic syndrome, etc. ...)

JUNE 2009 – MAY 2011

PRIVATE HOSPITAL OF VILLA ROSA

FREELANCE DIETITIAN

Nutritional therapy of patients with mental problems and metabolic disease; Nutritional therapy of patients with Eating Disorders.

EDUCATION AND TRAINING

2023-2027

PHD DIETARY TREATMENT FOR METABOLIC DYSFUNCTION-ASSOCIATED STEATOTIC LIVER DISEASE

UNIVERSITY OF MAASTRICHT

Supervisor: Prof. Ger. H. Koek, Prof. Francesco Innocenti, Prof. Elena Buzzetti

Ongoing

2016-2018

MASTER'S DEGREE, HUMAN NUTRITION

UNIVERSITY OF MILAN

Thesis: "Ruolo predittivo e prognostico dell'indice di massa corporea e della massa grassa corporea in pazienti trattate con chemioterapia neoadiuvante per tumore mammario. Casistica di Modena".

Supervisor: Prof. Alberto Battezzati, Co-supervisors Dr. Federico Piacentini, Dr. Claudia Omarini

Final Evaluation 106/110

2002-2005

BACHELOR DEGREE, DIETETICS

UNIVERSITY OF MODENA AND REGGIO EMILIA

Thesis: "Il protocollo vegetariano con proteine complementari alternato alla dieta ipoproteica classica nel paziente con IRC moderata".

Supervisor: Dr. Lorenza Vandelli

Final Evaluation 105/110

1997-2002

HIGH SCHOOL DIPLOMA

ENRICO FERMI, MODENA

Final Evaluation 72/100

POSTGRADUATE COURSES

26-28 OCTOBER 2022

OBSERVATIONAL STUDIES: PLANNING, DEVELOPMENT, ANALYSIS AND REPORTING

FONDAZIONE GIMBE

3 days courses. Bologna, Italy.

21/09-16/11/2021

LEAD OF TRAINERSHIP

AOU MODENA

46 hours course. Modena, Italy.

2010-2011

FIRST CERTIFICATE OF PROFESSIONAL TRAINING IN EATING DISORDER AND OBESITY

AIDAP

1 year advanced course. Verona, Italy.

AWARDS AND HONOURS

2019

BEST POSTER SECTION BREAST CANCER – NATIONAL CONGRESS AIOM

Impact of body composition parameters on tumour response to neoadjuvant chemotherapy in operable breast cancer patients

Palumbo Patrizia¹, Draisci Stefano¹, Barbolini Monica¹, Nasso Cecilia¹, Isca Chrystel¹, Bocconi Alessandro¹, Balduzzi Sara¹, Pecchi Annarita¹, Galetti Silvia¹, Torricelli Pietro¹, Piacentini Federico¹, Moscetti Luca¹, Cascinu Stefano¹, Omarini Claudia¹

¹ University Hospital of Modena

PERSONAL SKILLS

MOTHER TONGUE

Italian

OTHER LANGUAGES

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
FRENCH	A1	A1	A1	A1	A1

DIGITAL SKILLS

Excellent skills in Microsoft Windows, Microsoft Office.

Statistical software: expert user of Excell.

Excellent web-surfing abilities.

DRIVING LICENSE

ITALIAN, B

ONGOING RESEARCH PROJECTS

1013.2018: VALUTAZIONE DI UN PROGRAMMA GRUPPALE DI EDUCAZIONE ALIMENTARE E AL MOVIMENTO IN BREAST CANCER SURVIVORS

PI: Dr. Silvia Galetti

Data collecting and wrangling.

06/2021/OSS*/AOUMO SIRER ID 3077: OUTCOME NUTRIZIONALE DELLA CHIRURGIA BARIATRICA NEL TRATTAMENTO DELLA OBESITÀ GRAVE: STUDIO OSSERVAZIONALE RETROSPETTIVO MONOCENTRICO

PI: Dr. Renata Menozzi

Data collecting and wrangling.

PAST RESEARCH PROJECTS

A STUDY OF MK-3655 IN INDIVIDUALS WITH PRE-CIRRHOTIC NONALCOHOLIC STEATOHEPATITIS (NASH) (MK-3655-001)

PI: Prof. Antonello Pietrangelo

ADDITIONAL INFORMATION

TEACHING

LECTURER ON CONTRACT

October 2022 - Present

Lecturer of "MNT in Kidney disease" 8 hour, 3rd year of study of Bachelor's degree in Dietetics.

CLINICAL CASE DISCUSSION/ORAL PRESENTATIONS

"Psicoterapia psicosomatica in ospedale: le bambole senza bocca di Grazia e la ricerca di un codice non verbale". Invited discussant. GRP - Il metodo Clinimetrico, Pisa 21-22/10/2022.

"Dietary Treatment for Metabolic dysfunction Associated Steatotic Liver Disease (MASLD): adherence to Mediterranean diet and predictors of response". MASLD Research Day 2024, Maastricht University, 19/04/2024.

"Salute sostenibile: Ruolo e competenze del Medico di Medicina Generale nella gestione del paziente vegetariano e vegano. Un Approccio Basato sull'Evidenza per la Pratica Clinica". Oral presentation for Mandatory update program of GP. Modena, 12/04/2025.

"Diet in MASLD: Pros and Cons of Different Dietary Patterns". MASLD Research Day 2025, Maastricht University 26/06/2025

LEAD OF TRAINERSHIP

Medical Nutrition Therapy and Nutrition Care Process in practice to students of 3rd year of Bachelor's degree in "Dietetics".

THESIS SUPERVISOR and CO-SUPERVISOR

"Indagine alimentare e stile di vita di pazienti affetti da Ipobetalipoproteinemia Familiare eterozigote FHBL-1 con epatopatia steatosica ad evoluzione fibrotica"

Grad Student: Nicole Formentini

Supervisor: Prof. Francesca Carubbi

Co-Supervisor: Dr. Patrizia Palumbo

"Valutazione dell'adesione alla Terapia Dietetica Nutrizionale in una popolazione con Malattia Renale Cronica stadio V"

Grad Student: Francesca Cavani

Supervisor: Dr. Patrizia Palumbo
Co-Supervisor: Dr. Gaetano Alfano

“Dalle Zone Blu al contesto mondiale attuale: abitudini alimentari, comportamenti salutari e sostenibili”

Grad Student: Arianna Costi
Supervisor: Prof. Massimo Pellegrini
Co-Supervisor: Dr. Patrizia Palumbo
AA 2023-2024

“Intervento sullo stile di vita dei pazienti affetti da Malattia di Gaucher afferenti al Centro di riferimento per malattie lisosomiali di Modena”

Grad Student: Laura Lorenzi
Supervisor: Prof. Francesca Carubbi
Co-Supervisor: Dr. Patrizia Palumbo
AA 2023-2024

“Affidabilità e concordanza tra strumenti di valutazione dell'aderenza dietetica nella MASLD: Studio retrospettivo su una corte ambulatoriale”

Grad Student: Martina Mucci
Supervisor: Dr. Patrizia Palumbo
Co-Supervisor: Prof. Elena Buzzetti
AA 2024-2025

NETWORK AND MEMBERSHIP

MEMBER ORDER TSRM-PSTRP- DIETITIAN SECTION MODENA AND REGGIO EMILIA
From 2017

MEMBER OF THE ACADEMY OF NUTRITION AND DIETETICS
From June 2023 - Role of IAAND Country Representative for Italy
January 2023 - July 2023 - Mentorship with Prof. Lynne Ausman DsC, RD - Tufts University - Boston
From September 2020 - Member of Renal Dietetics Practice Group

MEMBER OF ASAND – ASSOCIAZIONE SCIENTIFICA ALIMENTAZIONE, NUTRIZIONE E DIETETICA
From 2023

MEMBER OF SIN – ITALIAN SOCIETY OF NEPHROLOGY
From 2023

PAST MEMBER OF SID – ITALIAN SOCIETY OF DIABETOLOGISTS
MEMBER OF “COMITATO SOCIO SANITARIO” FROM 2018 TO 2022

PAST MEMBER OF YoSID – ITALIAN SOCIETY OF YOUNG DIABETOLOGISTS
MEMBER OF “COMMISSIONE COMUNICAZIONE” FROM 2017 TO 2022

EDITORIAL BOARD

CLINICAL NUTRITION OPEN SCIENCE
Associate Editor
June 2026-present

PUBLICATION - POSTER PRESENTATION – BOOK CHAPTERS

PUBLICATIONS

PROS AND CONS OF DIFFERENT DIETARY PATTERNS FOR THE TREATMENT OF METABOLIC DYSFUNCTION-ASSOCIATED STEATOTIC LIVER DISEASE

Palumbo P, Di Betto G, Menozzi R, Koek GH, Buzzetti E.

Metabolism. 2026 Jan;174:156425. doi: 10.1016/j.metabol.2025.156425. Epub 2025 Oct 26. PMID: 41151689.

MEDICAL NUTRITION THERAPY ADHERENCE AND LIFESTYLE IN STAGE 5 CKD: CHALLENGES AND INSIGHTS

Palumbo P, Alfano G, Cavani F, Giannini R, Pulizzi RA, Gabriele S, Morisi N, Cannito F, Menozzi R, Donati G. Medical Nutrition Therapy Adherence and Lifestyle in Stage 5 CKD: Challenges and Insights. Nutrients. 2025 Sep 28;17(19):3091. doi: 10.3390/nu17193091. PMID: 41097168; PMCID: PMC12526388.

COMBINING TELEMEDICINE AND IN-PERSON VISITS TO DELIVER CARE TO PATIENTS WITH SEVERE CHRONIC KIDNEY DISEASE (CKD): LESSONS LEARNED FROM COVID-19

Gaetano Alfano, Silvia Cazzato, Laura Diotallevi, Francesco Giaroni, Francesco Fontana, Silvia Giovanella, Giulia Ligabue, Giacomo Mori, Elena Santini, Paola Dondi, **Patrizia Palumbo**, Rossella Giannini, Renata Menozzi, Annachiara Ferrari, Mariacristina Gregorini, Gianni Cappelli, Riccardo Magistroni, Gabriele Donati
Clinical Nephrology, 2024, 102(3), pp. 144–153
DOI: 10.5414/CN111141

COMMENT ON FLATSCHER ET AL. IMPACT OF MEDITERRANEAN DIET ON LIPID COMPOSITION IN THE COLAUS-PSYCOLAUS STUDY. NUTRIENTS 2023, 15, 4659

Patrizia Palumbo, Elena Buzzetti, Ger H. Koek.

Nutrients · May 09, 2024

DOI: 10.3390/nu16101424

WEIGHT LOSS TREND AFTER BARIATRIC SURGERY IN A POPULATION OF OBESE PATIENTS

Patrizia Palumbo, Federico Banchelli, Clelia Miloro, Patrizia Federica Toschi, Fouzia Mecheri, Silvia Gabriele, Monica Pantaleoni, Roberto D'Amico, Renata Menozzi.

Clinical Nutrition ESPEN · Jun 17, 2023

DOI: 10.1016/j.clnesp.2023.06.015

IMPACT OF SARCOPENIA IN SARS-CoV-2 PATIENTS DURING TWO DIFFERENT EPIDEMIC WAVES

R Menozzi, F Valoriani, F Prampolini, F Banchelli, E Boldrini, F Martelli, S Galetti, R Farì, S Gabriele, **P Palumbo**, D Forni, M Pantaleoni, R D'Amico, A R Pecchi.

Clinical Nutrition ESPEN · Dec 7, 2021

DOI: 10.1016/j.clnesp.2021.12.001

TERAPIE NON CONVENZIONALI: ANTIOSSIDANTI, CANNELLA CROMO

Wikisid Diabete

DOI: 10.53142/WISID0021

Palumbo Patrizia

PREDICTIVE ROLE OF BODY COMPOSITION PARAMETERS IN OPERABLE BREAST CANCER PATIENTS TREATED WITH NEOADJUVANT CHEMOTHERAPY

Claudia Omarini, **Patrizia Palumbo**, Annarita Pecchi, Stefano Draisci, Sara Balduzzi, Cecilia Nasso, Monica Barbolini, Chrystel Isca, Alessandro Bocconi, Luca Moschetti, Silvia Galetti, Giovanni Tazzioli, Pietro Torricelli, Stefano Cascinu, Federico Piacentini.

Cancer Management and Research · Nov 12, 2019

DOI: 10.2147/CMAR.S216034

POSTER PRESENTATIONS

EVALUATION OF ADHERENCE TO MEDICAL NUTRITION THERAPY IN A POPULATION WITH CHRONIC KIDNEY DISEASE STAGE 5

Palumbo Patrizia, Gaetano Alfano, Francesca Cavani, Rossella Giannini, Roberto Pulizzi, Silvia Gabriele, Renata Menozzi, Gabriele Donati. – National SIN Congress 2024

IMPACT OF BODY COMPOSITION PARAMETERS ON TUMOUR RESPONSE TO NEOADJUVANT CHEMOTHERAPY IN OPERABLE BREAST CANCER PATIENTS

Palumbo Patrizia et al. – National AIOM Congress 2019

BOOK CHAPTERS

INDAGINE DELLA SOCIETÀ ITALIANA DI DIABETOLOGIA (SID) SULLE DIFFERENZE REGIONALI NELL'ACCESSO A FARMACI, PRESIDI E SERVIZI PER LA PERSONA CON DIABETE.

Il database per realizzare questa indagine è stato costruito dai coordinatori del Comitato Socio-Sanitario della SID (Angelo De Pascale e Massimiliano Petrelli). L'indagine è stata realizzata dai Presidenti delle Sezioni Regionali della Società, coordinati dai colleghi Nando Sasso e Fabio Broglio. I dati sono stati analizzati con il contributo dell'intero Comitato Socio-Sanitario della Società: Franco Cavalot, Giuseppina De Simona, Liliana Indelicato, Giuseppe Lepore, **Patrizia Palumbo**, Giuseppina Tiziana Russo, Ilaria Teobaldi.

PRESBIFAGIA E PRESBIFONIA - QUADERNO FAD PRESBIFAGIA E PRESBIFONIA A CURA DI BRUNO FATTORI

Raggi S, **Palumbo P.** Aspetti dietetici nell'Anziano, pag 118-126

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I hereby declare that all the facts given above are true and correct to the best of my knowledge.

According to law 679/2016 of the Regulation of the European Parliament of 27th April 2016, I hereby express my consent to process and use my data provided in this CV and application for recruiting purposes.

Modena, July 20th 2026