

CESARE RINALDINI

PSYCHOLOGIST
PSYCHOTHERAPIST
SIPI ANALYST

CONTACT



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EDUCATION

2015

Adlerian Analyst

**S.I.P.I. Italian Society of
Individual Psychology
(Torino)**

2008

**Psychotherapist Adlerian School of
Psychotherapy (Reggio Emilia)**

Degree in Adlerian Psychotherapy for adults
and children

2007

Ministry of Health (Roma)

Advanced training for treatment and
rehabilitation of cocaine abusing subjects

2006 - 2007

**Department of Mental Health
Pathological addiction (Modena)**

Advanced training for CBT of cocaine use

2001

Psychologist

Registration in the Order of Psychologist
of Emilia Romagna n°2686 section A

WORK EXPERIENCE

Clinical Supervisor of Teams and Group Therapy Trainer

Soc. coop. Centro Sociale Papa Giovanni XXIII in Reggio
Emilia.

From 2020

- Clinical supervisor of multi-professional teams in centers for Psychiatric Services, Pathological Addiction, Social Emergencies and Youth Distress.
- Group Therapy Trainer in Residential Treatment Centers

Psychotherapist of SSP Student

2020-2024

University of Modena and Reggio Emilia, Department of
biomedical and metabolic sciences, neurosciences.

- Contact person and psychotherapist of S.S.P. Student "Service of Psychological Support" for the students of Psychological Sciences and Techniques of the Department of biomedical and metabolic sciences, neurosciences.

Scientific manager and Professor

From 2020

Adler Institute of Reggio Emilia

- Scientific manager and professor of "Theory and technique of Individual Psychology in clinical supervision"

Didactic Trainer and supervisor

From 2016

Mental health services across Italy and the Republic of San Marino

- Didactic trainer and clinical supervisor for multidisciplinary teams working in public and private mental health services

Professor

From 2018

Adlerian School of Psychotherapy (Reggio Emilia)

- Professor of "Initial phase of psychotherapy", "Psychodiagnostic assessment process" and "The clinic of addiction".

Professor

From 2017

University of Modena and Reggio Emilia – Department of Education and Human
Sciences and from 2020 Department of biomedical and metabolic sciences,
neurosciences. Course in Psychological Sciences and Techniques

- Adjunct professor – Degree course in Psychological Sciences and Techniques "Laboratory of pathological addictions".

Since 2025/26 – Contract Professor of Dynamic Psychology

Clinical Supervisor of Clinical Cases

From 2017

Clinical Supervisor for psychologists and psychotherapists working in public and
private mental health services

- Individual and group clinical supervision focused on clinical case analysis, management of the therapeutic relationship, and reflection on the dynamics of the psychotherapeutic process.

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EDUCATION

2000 - 2001

Training and professional education (Modena)

Expertise course in "Training the trainers"

2000

University of Rome "La Sapienza"

State examination for the qualification of Psychologist

1997

University of Bologna - Degree in Psychology

- Bachelor's Degree in Community and Clinical Psychology
- Master Degree in Dynamic Psychology

LANGUAGES

English



Spanish



WORK EXPERIENCE

Member of board

Adler Institute of Reggio Emilia

2011

- Board Member & Organizer of psychological initiatives for the general public and local organizations.

Coordinator

Soc.Coop. Centro Sociale Papa Giovanni XXIII of Reggio Emilia

2008

- Service coordinator of the project "TiratiFuori" for the therapeutic treatment of patients with cocaine and psychostimulant abuse problems.
- Psychologist and Psychotherapist in Centro Anemos in Vignola (MO)

Professor and trainer

Adlerian School of Psychotherapy (Reggio Emilia)

2008

- Professor and trainer for the psychotherapy school students

Psychotherapist

Soc. Coop. Centro Sociale Papa Giovanni XXIII in Reggio Emilia

2001

- Psychotherapist in residential centres for drug, alcohol and gambling addictions.

Scholarship

1994 - 1997

University of Malaga (Spain) - Department of Psychology and Education

- Study and research on social and school integration of children with Down syndrome, autism and adolescents at risk.

PUBLICATIONS

2026

Article "Self-Narration in the Age of Multitasking: Neuroplastic Adaptations and Reflections for Clinical Practice", included in the Proceedings of the 30th National Congress of SIPI (2025), <https://www.sipi-adler.it/congressi-sipi>

2020

Article: "Virtual that bonds. The psychological intervention in the covid era. Sharing, distances, virtual closeness"; in Rivista di Psicologia Individuale (n. 88)

2019

Online Article: "Web violence: new scenario in the juvenile universe" in the Congress of Prevention and care of violent relations, Reggio Emilia, 27th October 2018, <https://scuolapsicoterapia.it>

2016

Online Article: "Parents, children and smartphones: the affective bonds"; <https://scuolapsicoterapia.it> e (www.libera-mente.org), Reggio Emilia

2013

Online Article: "The psychological dimension of boredom between normality and pathology. The experience of "TiratiFuori" Project"; <https://scuolapsicoterapia.it> e (www.libera-mente.org), Reggio Emilia

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