

# CURRICULUM VITAE

## Personal Information

Name/Surname Giulia Rioli

## Work Experience

Dates (from -to) 4 November, 2019 - present

Occupation or position held **INTERN in PSYCHIATRY**

Main Activities and Responsibilities From May, 2020 I am Intern in Psychiatry at the Mental Health Center (CSM) of Scandiano (RE); previously, from January to May 2020, Intern in Psychiatry at the Mental Health Center (CSM) of Castelnovo ne' Monti, and from November 2019 to January 2020 Intern in Psychiatry at the Mental Health Center (CSM) of Reggio Emilia, via Petrella.

Name and address of employer DAISM-DP (Dipartimento ad Attività Integrata di Salute Mentale e Dipendenze Patologiche), AUSL-IRCCS di Reggio Emilia

## Education and Degrees

Dates (from- to) 1st November 2018 – 30th September 2022

Academic Qualification **DOCTOR OF RESEARCH (PhD) in CLINICAL AND EXPERIMENTAL MEDICINE (CEM) (CURRICULUM: PUBLIC HEALTH) - XXXIV cycle**

Title of the PhD thesis: INTERNAL AND DYSMETABOLIC COMORBIDITIES OF ANXIOUS-DEPRESSIVE SYMPTOMATOLOGY ACCORDING TO A PSYCHO-NEURO-IMMUNO-ENDOCRINOLOGICAL (PNEI) PERSPECTIVE (relator: Prof. Gian Maria Galeazzi; coordinator of the PhD Course: Prof. Giuseppe Biagini)

Name and type of education and training provider University of Modena and Reggio Emilia, Department of Biomedical, Metabolic and Neural Sciences, via Campi 287, 41125 Modena

Dates (from- to) November, 1st 2015 – October, 30th 2019

Academic Qualification **SPECIALIZATION IN PSYCHIATRY**

Title of thesis: LA SCELTA E IL CAMBIO DEL MEDICO PSICHIATRA DI RIFERIMENTO NEI SERVIZI TERRITORIALI DI SALUTE MENTALE: UNA RICERCA QUALI-QUANTITATIVA

Name and type of education and training provider University of Modena and Reggio Emilia, Department of Biomedical, Metabolic and Neural Sciences, School of Specialization in Psychiatry, Modena (Director: Prof. Gian Maria Galeazzi)

Dates (from – to) Academic Year 2017/2018 and Academic Year 2020/2021

Academic Qualification **CULTORE DELLA MATERIA** for the SSD MED25 (Psychiatry), Faculty of Medicine and Surgery, University of Modena and Reggio Emilia (degree programme in Nursing, UniMoRe).

Main competences/professional competences acquired Teaching activities in the degree programme in Nursing and in TRP, UniMoRe for the SSD MED/25 (Psychiatry) (20 hours).

Name and type of education and training provider University of Modena and Reggio Emilia

Dates (from -to) November 2016 - November 2017

Academic Qualification **UNIVERSITY SPECIALIZATION COURSE "STATISTICA APPLICATA AI QUESITI CLINICI"**  
Main competences/professional competences acquired Acquisition of statistical and methodological expertise in the field of clinical research  
Name and type of education and training provider University of Modena and Reggio Emilia (Coordinator: Prof. Roberto D'Amico)

Dates (from – to) II graduation section- Year 2014

Academic Qualification **NATIONAL PROFESSIONAL CERTIFICATE (LICENSE TO PRACTICE) FOR MEDICAL SURGEON**  
Name and type of education and training provider University of Modena and Reggio Emilia

Dates (from – to) November 2008 - July 2014

Academic Qualification **DEGREE IN MEDICINE AND SURGERY** in the first graduation section of July, 2014 (16/7/2014).  
Graduation grade: 110/110.

Name and type of education and training provider **TITLE OF THE THESIS:** "Association between symptoms of anxiety and depression with the five criteria of Metabolic Syndrome: a cross-sectional study among patients referring to Primary Care Services" (thesis advisor: dott.ssa Silvia Ferrari, correlator of degree thesis: dott. Giorgio Mattei, Department of Diagnostic, Clinical and Public Health Medicine, University of Modena and Reggio Emilia and Unità operativa di Psichiatria ospedaliero-universitaria, Modena centro).  
University of Modena and Reggio Emilia, Faculty of Medicine and Surgery, Degree Course of Medicine and Surgery

Dates (from – to) 2003-2008

Qualification **CLASSICAL HIGH SCHOOL DIPLOMA**, getting full marks of 100/100.  
Name and type of education and training provider Liceo Classico Ludovico Antonio Muratori, viale Cittadella, Modena

Dates (from – to) 2007-2008

Qualification **CERTIFICATE IN ADVANCED ENGLISH (CAE), EUROPEAN LEVEL: C1 (2008).**  
Name and type of education and training provider UNIVERSITY OF CAMBRIDGE, English For Speakers Of Other Languages Examinations (ESOL)

Date May, 2003

Qualification **TRINITY GRADE 4 - Spoken English for Speakers of Other Languages, with merit**  
Name and type of education and training provider Trinity The International Examination Board

**Languages**

Mother tongue **Italian**

Other languages **English**

Self-evaluation  
European Level (\*)

Comprehension		Speaking		Writing
Listening	Speaking	Oral Interaction	Oral Production	

C1	English	C1	English	C1	English	C1	English	C1	English
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## Publications of Articles on Scientific Journals

- 1) **Rioli G**, Mattei G, Bursi S, Padula MS, Pingani L, Ferrari S, Galeazzi GM. Association between anxious-depressive symptoms and Metabolic Syndrome and its single components: an Italian cross-sectional study among primary care outpatients. *Minerva Psychiatry* 2023 June;64(2):97-105. DOI: 10.23736/S2724-6612.22.02315-6
- 2) **Rioli G**, Mattei G, Bonamici C, Mancini S, Alboni S, Cannazza G, Sena P, Roncucci L, Pingani L, Ferrari S, Galeazzi GM. Gender differences in Anxious-depressive symptomatology, Metabolic Syndrome and Colorectal Adenomas among outpatients undergoing colonoscopy: a cross-sectional study according to a PNEI perspective. *Acta Biomedica Atenei Parmensis* 2022, 93(4): e2022258. DOI: 10.23750/abm.v93i4.12463. Available from: <https://www.mattioli1885journals.com/index.php/actabiomedica/article/view/12463>
- 3) Mastroberardino M, Cuoghi Costantini R, De Novellis AMP, Ferrari S, Filippini C, Longo F, Marchi M, **Rioli G**, Valeo L, Vicini R, Galeazzi GM, D'Amico R, Vandelli P. "It's all COVID's fault!": symptoms of distress among workers in an Italian general hospital during the pandemic. *International Journal of Environmental Research and Public Health*, 2022, 19(12), 7313. <https://doi.org/10.3390/ijerph19127313>
- 4) Mancini S, Alboni S, Mattei G, **Rioli G**, Sena P, Marchi M, Sacchetti A, Boarino V, Roncucci L, Galeazzi GM, Ferrari S. Preliminary results of a multidisciplinary Italian study adopting a Psycho-Neuro-Endocrine-Immunological (PNEI) approach to the study of colorectal adenomas. *Acta Biomedica* 2021: 92(1). DOI: <https://doi.org/10.23750/abm.v92i1.10197>. Available from: <https://mattioli1885journals.com/index.php/actabiomedica/article/view/10197>
- 5) **Rioli G**, Ferrari S, Henderson C, Vandelli R, Galli G, Minarini A, Galeazzi GM. Users' Choice and Change of Allocated Primary Mental Health Professional in Community-Based Mental Health Services: a Scoping Review. *International Journal of Social Psychiatry* 2020; 66(4):373-381. DOI: 10.1177/0020764020910182.
- 6) **Rioli G**, Ferrari S, Vandelli R, Giambalvo N, Minarini A, Artoni C, Galli G, Galeazzi GM. The Choice and the Change of the Allocated Primary Mental Health Professional in Community-Based Mental Health Services: a Focus-Group Qualitative Study. *Journal of Psychopathology*, 2020;26:1-8. DOI: 10.36148/2284-0249-358.
- 7) **Rioli G**, Ferrari S, Henderson C, Galeazzi GM. Experiences, opinions and current policies on users' choice and change of the allocated Primary Mental Health Professional: a survey among Directors of Community Mental Health Centers in the Emilia-Romagna Region, Italy. *International Journal of Mental Health System* 2020; 30;14:41. DOI: <https://doi.org/10.1186/s13033-020-00373-8>
- 8) **Rioli G**, Tassi S, Mattei G, Ferrari S, Galeazzi GM, Mancini S, Alboni S, Roncucci L. The association between symptoms of anxiety, depression, and cardiovascular risk factors: results from an Italian cross-sectional study. *Journal of Nervous and Mental Diseases* 2019; 207(5):340-347 (ISSN: 1539-736X). DOI: 10.1097/NMD.0000000000000969
- 9) Di Lorenzo R, Olmi T, **Rioli G**, Ferri P, Galeazzi GM. Factors Associated with Long-Stays in an Italian Psychiatric Intensive Treatment Facility: 1-Year Retrospective Observational Analysis. *Psychiatric Quarterly*. November 2018. DOI: <https://doi.org/10.1007/s1126-018-9616-1>
- 10) Mattei G, Padula MS, **Rioli G**, Arginelli L, Bursi R, Bursi S, Epifani AM, Luca Pingani, Rigatelli M, Rosato FM, Sacchetti A, Galeazzi GM, Ferrari S. Metabolic Syndrome, Anxiety and Depression in a Sample of Italian Primary Care Patients. *The Journal of Nervous and Mental Disease*. May 2018 - Volume 206 - Issue 5 - p 316-324. DOI: 10.1097/NMD.0000000000000807.
- 11) **Rioli G**, Sgarbi C, Moretti V, Sinisi A, De Fazio L, Giambalvo N, Ferrari S, Galeazzi GM. An update on intimate partner violence and mental health. *Minerva Psichiatrica* 2017 December; 58(4):216-33. DOI: 10.23736/S0391-1772.17.01943-4.
- 12) Spattini L, **Rioli G**, Longo F, Ferrari S, Galeazzi GM. An update on Current Clinical Management of Eating Disorders. *Minerva Psichiatrica* 2017 March; 58(1):54-69. DOI: 10.23736/S0391-1772.17.01926-4.
- 13) Minarini A, Ferrari S, Galletti M, Giambalvo N, Perrone D, **Rioli G**, Galeazzi GM, N-acetylcysteine in the treatment of psychiatric disorders: Current status and future prospects, *Expert Opinion on Drug Metabolism & Toxicology* 2017,13 (3), 279-292. <http://dx.doi.org/10.1080/17425255.2017.1251580>

- 14) Di Lorenzo R, Cabri G, Carretti E, Galli G, Giambalvo N, **Rioli G**, Saraceni S, Spiga G, Del Giovane C, Ferri P. A preliminary study of Patient Dignity Inventory validation among patients hospitalized in an acute psychiatric ward, *Neuropsychiatric Disease and Treatment*, 2017(3):177-190. <https://doi.org/10.2147/NDT.S122423>
- 15) Italian Translation of: At-risk mental state for psychosis: identification and current treatment approaches. Andrew Thompson, Steven Marwaha and Matthew R. Broome. Traduzione a cura della Dr.ssa **Giulia Rioli**. *BJPsych Advances*, 2016, 22: 186–193. DOI: 10.1192/apt.bp.115.015487.
- 16) Bologna M, Mattei G, **Rioli G**. Editoriale. "Etica". *Rivista Sperimentale di Freniatria*, Vol. CXLIII, 2019; I. DOI: 10.3280/RSF2019-001001. Franco Angeli Editore. <https://www.francoangeli.it/riviste/SchedaRivista.aspx?IDArticolo=63571&Tipo=Articolo%20PDF&lingua=it&idRivista=106>
- 17) Bologna M, Pietralunga S, Santambrogio J, **Rioli G**. Editoriale. "Vittimizzazioni". *Rivista Sperimentale di Freniatria* 2020, 1. Franco Angeli Editore.
- 18) Mattei G, Padula MS, **Rioli G**, Sacchetti A, Bursi S, Simoni E, Arginelli L, Bursi R, Epifani A, Rosato MF, Ferrari S, Esiste una correlazione fra BMI e SAD nei pazienti dei medici di medicina generale?, *Rivista SIMG -Società Italiana di Medicina Generale-* (1), 2014, Pacini Editore, pag. 23-25. ISSN: 1724-1375. <http://www.progettoasco.it/numero-1-gennaio-2014/#.VHzLBckvAzs>
- 19) **Rioli G**. Alle origini del problema dell'empatia. Etty Hillesum, Simone Weil, Edith Stein, Wanda Póltawska: viaggio tra psichiatria e filosofia del primo Novecento. *Kasparhauser, Rivista di cultura filosofica, Ateliers, Psichiatria, Dimensioni Terapeutiche*. 26 gennaio 2015. <http://www.kasparhauser.net/Therapeutic/Rioli.html>

## Posters and Abstracts

- 1) **Rioli G**, Bonamici C, Mancini S, Mattei G, Alboni S, Sena P, Roncucci L, Fiore G, Pingani L, Ferrari S, Galeazzi GM. Differenze di genere nella comorbilità tra sintomatologia Ansioso-Depressiva, Sindrome Metabolica e Adenomi Colorettaali. SOPSI (Società Italiana di Psicopatologia) XXVI National Congress, Rome, June 20th-23rd, 2022. *J of Psychopathology*, 2022, 28 (suppl.1), 68. Abstract n° P.02.29.
- 2) **Rioli G**, Bonamici C, Mancini S, Mattei G, Alboni S, Sena P, Roncucci L, Fiore G, Pingani L, Ferrari S, Galeazzi GM. Il ruolo dell'infiammazione sistemica cronica e della via metabolica delle Chinurenine nella comorbilità tra ansia, depressione e sindrome metabolica: risultati di uno studio cross-sectional condotto in pazienti ambulatoriali. SOPSI (Società Italiana di Psicopatologia) XXVI National Congress, Rome, June 20th-23rd, 2022. *J of Psychopathology*, 2022, 28 (suppl.1), 89. Abstract n° P.02.59.
- 3) Cavana S, Mattei G, **Rioli G**, Galletti M, Perrone D, Moscara M, Galeazzi GM, Ferrari S. June 2018. Are patients with pre-orthotopic liver transplant psychiatric consultation different in bio-psycho-social complexity from other consultation inpatients? A study from a Consultation-Liaison Psychiatric Service. *Journal of Psychosomatic Research* 109:94-95. DOI: 10.1016/j.jpsychores.2018.03.035.
- 4) Mattei G, Ferrari S, Galletti M, **Rioli G**, Perrone D, Moscara M, Cavana S. Bio-psycho-social complexity of patients undergoing pre-orthotopic liver transplant compared to other clients of a consultation-liaison psychiatry service. Poster n° PW0341. 26esimo Congresso Europeo di Psichiatria (3-6 March, 2019). *European Psychiatry* 48S (2018) p.S258 <https://epa-congress.org/2019/abstracts/abstract-book-2018#.WvQbC4iFM2x>

- 5) **Rioli G**, Gorgoni B, Galli G, Minarini A, Ferrari S, Galeazzi GM. La scelta e il cambio del medico psichiatra di riferimento nei Servizi di Salute Mentale di comunità: risultati preliminari di una revisione della letteratura. 12th National Congress of the Società Italiana di Psichiatria Sociale (SIPS) "Le nuove frontiere della psichiatria sociale: clinica, public health e neuroscienze", Naples, January 25-27th, 2018. Abstract book, p.29.
- 6) **Rioli G**, Gorgoni B, Vandelli R, Artoni C, Galli G, Minarini A, Giambalvo N, Galeazzi GM, Ferrari S. La scelta e il cambio del medico psichiatra di riferimento nei Servizi di Salute Mentale di comunità: risultati preliminari di un'analisi qualitativa condotta con la metodica dei Focus Groups. 12th National Congress of the Società Italiana di Psichiatria Sociale (SIPS) "Le nuove frontiere della psichiatria sociale: clinica, public health e neuroscienze", Naples, January 25-27th, 2018. Abstract book, p.30.
- 7) Spattini L, Galletti M, Perrone D, **Rioli G**, Ferrari S, Galeazzi GM, Moscara M, Mattei G, Reggianini C. La prescrizione di terapia antidepressiva in pazienti candidati all'inserimento in lista trapianto epatico: uno studio descrittivo retrospettivo. Poster presentation. 12th National Congress of the Società Italiana di Psichiatria Sociale (SIPS) "Le nuove frontiere della psichiatria sociale: clinica, public health e neuroscienze", Naples, January, 25-27th, 2018. Abstract book, p.88.
- 8) **Rioli G**, Ferrari S, Mattei G, Galeazzi GM, Rigatelli M. Disturbi dell'alimentazione e della Nutrizione, Sindrome Metabolica, Ansia e Depressione: una revisione della letteratura sul ruolo della via metabolica della Kinurenina. X National Congress of the "Gruppo per la Ricerca in Psicomatica" (GRP). "La complessità psicomatica". Parma, September, 21-22th, 2017. Abstract Book, pag. 28.
- 9) Ferrari S & **Rioli G**. Stay foolish, stay fit: an excursus on strategies to prevent burnout of mental health professionals. Presentation at the Workshop "Healing the healers: strategies of prevention and modulation of work-related stress for mental health workers". Chair Umberto Volpe, Nikolina Jovanoic. 3 april 2017, Hall E, EPA Congress 2017, Florence. Abstract book of the 25th European Congress of Psychiatry. European Psychiatry 41S (2017) S53–S68. N°W033, p.63. <http://dx.doi.org/10.1016/j.eurpsy.2017.01.056>
- 10) Sacchetti A, Mattei G, Bursi S, Padula MS, **Rioli G**, Ferrari S. Association of blood pressure with anxiety and depression in a sample of primary care patients. 25th European Congress of Psychiatry (EPA) Congress, April, 1-4th 2017, Florence. European Psychiatry 41S (2017) S465–S520. EW0284. <http://dx.doi.org/10.1016/j.eurpsy.2017.01.614>
- 11) Marchi M, Alboni S, Fabbri A, Feltri L, Galli G, Guicciardi A, Mancini S, Marisco M, Mattei G, Minarini A, Perrone D, **Rioli G**, Roncucci L, Sena P, Tassi S, Ferrari S, Prevalence of Metabolic Syndrome and of symptoms of anxiety and depression in patients undergoing colonoscopy, 25th European Congress of Psychiatry (EPA) Congress April, 1-4th 2017, Florence; e-poster presentation. Abstract book of the 25th European Congress of Psychiatry. European Psychiatry 41S (2017) S303–S364. N°: EW0622. <http://dx.doi.org/10.1016/j.eurpsy.2017.02.236>
- 12) Marchi M, Alboni S, Artoni C, Galletti M, Giambalvo N, Mancini S, Mariani F, Mattei G, Merighi A, Montardi G, Pollutri G, **Rioli G**, Saraceni S, Spiga G, Visentini C, Ferrari S, How are personality traits and physical activity involved in colorectal carcinogenesis? A cross-sectional study on patients undergoing colonoscopy. 25th European Congress of Psychiatry. Abstract book of the 25th European Congress of Psychiatry, April 1-4th, 2017. European Psychiatry 41S (2017) S465–S520. N° EV0306. <http://dx.doi.org/10.1016/j.eurpsy.2017.01.636>
- 13) Tassi S, **Rioli G**, Mattei G, Ferrari S, Galeazzi GM,. Impact of anxiety-depressive symptoms on outpatients' quality of life: Preliminary results from an Italian observational study. 25th European Congress of Psychiatry, Florence, April, 1-4th, 2017. Abstract book of the 25th European Congress of Psychiatry. European Psychiatry 41S (2017) S303–S364. N°: EW0623. <http://dx.doi.org/10.1016/j.eurpsy.2017.02.237>

- 14) Tassi S, **Rioli G**, Mattei G, Mancini S, Alboni S, Roncucci L, Sena P, Mariani F, Marchi M, Fabbri A, Feltri L, Visentini C, Pollutri G, Artoni C, Saraceni S, Galli G, Spiga G, PNEI-MO Research Group, Minarini A, Perrone P, Galletti M, Giambalvo N, Montardi G, Galeazzi GM, Ferrari S. An Italian observational study on subclinical cardiovascular risk factors and depressive symptomatology. A suggestion for the potential utility of a synergic cardio-psychiatric perspective. EPA 2017 Congress, Florence, April, 1-4th 2017, e-poster presentation. Abstract book of the 25th European Congress of Psychiatry. *European Psychiatry* 41S (2017) S465–S520. EW0621. <http://dx.doi.org/10.1016/j.eurpsy.2017.02.235>
- 15) **Rioli G**, Tassi S, Mattei G, Alboni S, Mancini S, Artoni C, Galletti M, Giambalvo N, Galli G, Marchi M, Minarini A, Montardi G, Perrone D, Pollutri G, Roncucci L, Saraceni S, Spiga G, Visentini C, Galeazzi GM, Ferrari S. Cardiovascular risk factors, anxiety symptoms and inflammation markers: evidence of association from a cross-sectional study. EPA 2017 Congress, Florence, April, 1-4th 2017, e-poster presentation. Abstract book of the 25th European Congress of Psychiatry. *European Psychiatry* 41S (2017) S465–S520. EV0305. <http://dx.doi.org/10.1016/j.eurpsy.2017.01.635>
- 16) Ferrari S, Mattei G, Pollutri G, **Rioli G**, Visentini C, Mancini S, Guicciardi A, Artoni C, Galli G, Saraceni S, Spiga G, Alboni S, Merighi A, Roncucci L, the PNEI-MO Research Group. Prospettiva entero-psico-immuno-metabolica per la prevenzione delle neoplasie coloretali in un'ottica multidisciplinare: risultati preliminari di uno studio trasversale. 20th National Congress of the "Società Italiana di Psicopatologia", SOPSI, MI.Co, Milan, February, 23-26th, 2016. P1:21.
- 17) **Rioli G**, Ferrari S, Galeazzi GM, Rigatelli M. Nevralgia trigeminale e sintomi psichiatrici: una revisione della letteratura sulle comorbidità della "malattia del suicida". 20th National Congress of the "Società Italiana di Psicopatologia", SOPSI, MI.Co, Milan, February, 23-26th, 2016. P1:22.
- 18) **Rioli G**, Ferrari S, Galeazzi GM, Rigatelli M. Malattia di Gaucher, ansia e depressione: una revisione sistematica della letteratura sulla comorbidità psichiatrico-metabolica. 20th National Congress of the "Società Italiana di Psicopatologia", SOPSI, MI.Co, Milan, February, 23-26th, 2016. P1:23.
- 19) Di Lorenzo R, Carretti E, Giambalvo N, Pollutri G, **Rioli G**, Ferri P. Percezione del rispetto della dignità da parte di pazienti ricoverati in un reparto psichiatrico: studio preliminare sulla somministrazione del Patient Dignity Inventory. 20th National Congress of the "Società Italiana di Psicopatologia", SOPSI, MI.Co, Milan, February, 23-26th, 2016. P2:88.
- 20) Mattei G, **Rioli G**, Ferrari S, Galeazzi GM, Bursi S, Padula MS, Pingani L, Rigatelli M. Association between anxiety and depressive symptoms with metabolic syndrome in primary care: Results of an Italian cross-sectional study involving outpatients. EAPM Annual Meeting, Norimberga. July 1-3, 2015. *Journal of Psychosomatic Research*, 2015, Vol. 78, Issue 6, p614–615. DOI: 10.1016/j.jpsychores.2015.03.094
- 21) **Rioli G**, Galeazzi GM, Ferrari S, Rigatelli M. Tako-Tsubo cardiomyopathy and psychiatric disorders: review of comorbidity. EAPM Annual Meeting, Norimberga. July 1-3, 2015. *Journal of Psychosomatic Research*, 2015, Vol. 78, Issue 6, 2015, p621. DOI:10.1016/j.jpsychores.2015.03.112
- 22) **Rioli G**, Mattei G, Galeazzi GM, Ferrari S, Bursi S, Pingani L, Rigatelli M. Is low blood pressure always healthy? Evidence of an inverse association between depressive symptoms and arterial blood pressure in a primary care sample. EAPM Annual Meeting, Norimberga. July 1-3, 2015. *Journal of Psychosomatic Research*, 2015, Vol. 78, Issue 6, p620–621. DOI:10.1016/j.jpsychores.2015.03.111.

- 23) **Rioli G**, Mattei G, Galeazzi GM, Ferrari S, Bursi S, Pingani L, Rigatelli M. Is hyperglycemia associated with anxious-depressive symptoms? An Italian study in primary care setting. EAPM Annual Meeting, Norimberga. July 1-3, 2015. *Journal of Psychosomatic Research* 2015; 78; 620. doi:10.1016/j.jpsychores.2015.03.110
- 24) **Rioli G**, Brencio F, Galeazzi GM, Ferrari S, Campalastri R. Empathy: a skill we need to focus on in psychiatric training? A short journey from philosophy to psychiatry, EAPM congress, Norimberga, July, 1-4th 2015. *Conference Abstracts of the Third Annual Scientific Conference of the European Association of Psychosomatic Medicine (EAPM)*, p.124-125.
- 25) **Rioli G**, Brencio F. Psicopatologia dell'Anoressia Nervosa: i contributi di un approccio fenomenologico al tema del corpo. *Medicina Psicosomatica*, vol. 60, January-March 2015, suppl. 1(1), title of the Suppl: "9° Congresso Nazionale per la Ricerca in Psicosomatica - La crisi e il futuro: il ruolo della psicosomatica tra scienza, clinica, formazione e assistenza sanitaria, Ferrara, 18-19 giugno 2015", p. 32.
- 26) Ferrari S, Galeazzi GM, **Rioli G**, Mattei G, Rigatelli M. Disturbo depressivo maggiore e recessione economica: una revisione della letteratura su prevalenza e misure di associazione. III Congresso Nazionale WAPR, World Association for Psychosocial Rehabilitation, "Mental Health and Physical Health in a Changing Europe", Campus Luigi Einaudi, Torino, May, 15 2015. Poster Presentazion.  
[http://www.wapr-italia.it/joomla\\_164/images/2015/POSTER%20PRESENTATIONS.pdf](http://www.wapr-italia.it/joomla_164/images/2015/POSTER%20PRESENTATIONS.pdf)
- 27) **Rioli G**, Mattei G, Ferrari S, Bursi S, Rigatelli M, Pingani L, Galeazzi GM, Apple or Pear? A cross-sectional study on the association between body shape and symptoms of anxiety and depression in primary care female patients. E- poster oral presentation n. 0314. Session: Oncology and Psychiatry, Pain and treatment options, Women, Gender and Mental Health, Education, Promotion of Mental Health, Ethics and Psychiatry. EPA 2015 Congress, Vienna, Austria, March, 29th 2015. *European Psychiatry*, Vol. 30, Supplement 1, Page 314. Article: 0314. [https://www.europsy-journal.com/article/S0924-9338\(15\)30252-2/abstract?code=eurpsy-site](https://www.europsy-journal.com/article/S0924-9338(15)30252-2/abstract?code=eurpsy-site) DOI: [https://doi.org/10.1016/S0924-9338\(15\)30252-2](https://doi.org/10.1016/S0924-9338(15)30252-2)
- 28) Mattei G, **Rioli G**, Ferrari S, Bursi S, Rigatelli M, Pingani M, Galeazzi GM. Association between symptoms of anxiety and depression and BMI in primary care patients: a cross sectional study. EPA15-0248. Abstract n. 1249. Category: e-Poster Viewing. Sub category: e-Poster 06: Consultation Liaison Psychiatry and Psychosomatics. *European Psychiatry*, Vol 30 - Supplemento 1 - marzo 2015, p1249. Article: 1249. Abstract of the 23rd European Congress of Psychiatry EPA 2015, Austria, Vienna, March, 28-31 2015. [https://www.europsy-journal.com/article/S0924-9338\(15\)30982-2/abstract](https://www.europsy-journal.com/article/S0924-9338(15)30982-2/abstract) DOI: 10.1016/S0924-9338(15)30982-2
- 29) **Rioli G**, Mattei G, Ferrari S, Bursi S, Arginelli L, Bursi R, Epifani A, Rosato M, Padula MS. Associazione tra sintomi di ansia e depressione con il BMI: uno studio cross-sectional tra i pazienti afferenti alle cure primarie. Atti del Convegno SIPA 2014, Società Italiana di Psicopatologia dell'Alimentazione, June, 27-28 2014, Padova.  
[http://psicopatologiaalimentazione.it/wp-content/uploads/2014/06/RIOLI\\_modena\\_e\\_reggio\\_emilia\\_SIPA\\_2014.pdf](http://psicopatologiaalimentazione.it/wp-content/uploads/2014/06/RIOLI_modena_e_reggio_emilia_SIPA_2014.pdf)
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- 35) Di Lorenzo R, Moscara M, Landi G, Montardi G, Rioli G, Galeazzi GM. Planning and starting a mentalization-informed group in a community psychiatric rehabilitation ward: the first three months. Oral presentation. In: Researching about mentalization. Some proposals from different Italian research Groups. November, 28 2017. Università Cattolica del Sacro Cuore, Room NI.110, 5,15 p.m. Via Nirone, 15, Milan.
- 36) Galeazzi GM, De Fazio L, Moretti V, Sgarbi C, Giambalvo N, Rioli G. Mental disorders and risk for committing and enduring Intimate Partner Violence: a review of the literature. ENMESH Congress 2017, Groninger. Abstract Book, pag. 67. N°15.
- 37) Cherubini M, Rioli G, Balducci J, Ferrari S, Zerbinati L, Grassi L. The activity of the Modena Consultation-Liaison Psychiatry Service in the General Hospital: a cross-sectional study. 25th ICPM (International College of Psychosomatic Medicine) World Congress, Florence, September 2019. Abstract book, pp. 25-26
- 38) Cherubini M, **Rioli G**, Balducci J, Ferrari S, Zerbinati L, Grassi L. Urgent vs. routine psychiatric referrals in the General Hospital: what makes the difference? A cross-sectional study at the Modena Consultation-Liaison Psychiatry Service. 25th ICPM (International College of Psychosomatic Medicine) World Congress, Florence, September 2019. Abstract Book, p. 26
- 39) Mattei G, **Rioli G**, Marchi M, Sacchetti A, Mancini S, Alboni S, Roncucci L, Sena P, Ferrari S. Metabolic, serologic, atherogenic and psychological factors associated with the presence of colorectal precancerous lesions: a cross-sectional study in the PNEI perspective 25th ICPM (International College of Psychosomatic Medicine) World Congress, Florence. 2019, September, 11-13. Psychotherapy and Psychosomatics 2019; 88(suppl.1):1-152. ICPM Abstracts Book. N°254. pp.82-83.
- 40) Ferrari S, Mattei G, **Rioli G**, Marchi M, Montardi G, Galeazzi GM (2020). "Il modello bio-psico-sociale revised" in: "La psichiatria sociale in Italia: evidenze ed esperienze". Andrea Fiorillo, Roberto Brugnoli, Serafino De Giorgi (Società Italiana di Psichiatria Sociale), a cura di. Pacini Editore, pp. 79-86.

**Presentations and Oral  
Presentation at National  
and International  
Conferences and  
Congresses**

- 1) International Doctorate School in Clinical and Experimental Medicine of the University of Modena and Reggio Emilia. Oral Communication: "The comorbidity between metabolic syndrome and anxious-depressive symptoms: the role of diet and personality traits according to a Psycho-neuro-immuno-endocrinological (PNEI) perspective". CEM PhD Day 2019, Abstract e-book, p.60-61. Meeting Room, NOCSAE Baggiovara Hospital (Modena), April, 12th 2019.
- 2) Oral Presentation: "La via delle chinurenine e il suo ruolo nei disturbi mentali: una revisione degli ultimi 25 anni di letteratura" in the symposium "Identificare sistemi molecolari utili per la prevenzione, diagnosi e cura delle malattie psichiatriche: update sulla via metabolica delle chinurenine" (Prof. Carmine Pariante, London, UK; dr.ssa Silvia Alboni, UniMORE) at the XXII National Congress of the Società Italiana di Psicopatologia (SOPSI), Rome Cavalieri Congress Center, Rome, February 21-24, 2018.
- 3) Di Lorenzo R, Moscara M, Landi G, Montardi G, **Rioli G**, Galeazzi GM. Planning and starting a mentalization-informed group in a community psychiatric rehabilitation ward: the first three months. Evento: "Researching about Mentalization. Some proposals from different Italian research Groups". Oral Communication. Milan, Università Cattolica del Sacro Cuore, November 28, 2017.
- 4) Co-author of the presentation: Ferrari S & Rioli G, Depressione e Infiammazione: minimo comune multiplo o massimo comune divisore?, presented at the XIX National Congress of the Società Italiana di Neuropsicofarmacologia "Il farmaco e le neuroscienze", Acireale, October 11-14, 2016.
- 5) Oral Presentation "Spettro depressivo e recessione economica: quali politiche sanitarie in europa? una revisione della letteratura sulle strategie pubbliche di intervento". Sessione "Mercato del lavoro, inserimenti lavorativi e crisi economica", 15 maggio 2015, aula A1, H 12.30-14; III Congresso Nazionale WAPR, World Association for Psychosocial Rehabilitation, "Mental Health and Physical Health in a Changing Europe", Campus Luigi Einaudi, Torino 15 maggio 2015.
- 6) Presentation "Donne e psiche: autocoscienza di sé e psicopatologia femminile", con la Prof.ssa Silvia Ferrari, nell'ambito del ciclo di conferenze "Because I am a girl", Maranello (MO), April, 9 2015.
- 7) Co-author of the presentation: Ferrari S, Rioli G, Alboni S, Flogosi, endotossinemia, ansia e depressione: il ruolo chiave dell'intestino, presented at the XIII National Congress of the SIPC, Società Italiana di Psichiatria di Consultazione "Salvaguardare la Salute Mentale, Salvaguardare la salute fisica", Cagliari, September 17-19th 2015.
- 8) Oral Presentation "The Kynurenine pathway: a possible link between the Depression and Anxiety Spectrum, Metabolic Syndrome and Feeding and Eating Disorders", e-Poster Oral Session 06, 22nd European Congress of Psychiatry (EPA, 2014), Munich (Germany), March 4 2014.

**Date**

30/8/2024

