



Andreina Saba

Registered Nurse

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ABOUT ME

Registered Nurse and Nurse Case Manager with more than 20 years of clinical experience in home care, oncology, chronic disease management, and palliative care. Currently working at AUSL-IRCCS Reggio Emilia and serving as Adjunct Lecturer in Palliative Nursing at the University of Modena and Reggio Emilia. PhD candidate in Nursing Science and Public Health at the University of Rome Tor Vergata. Experienced in patient assessment, care planning, multidisciplinary collaboration, nursing education, and research. Active researcher with several peer-reviewed publications in palliative care, nursing diagnoses, qualitative research, and nursing education. Member of the Italian Society of Palliative Care (SICP) and the International Nursing Knowledge Association, INKA (formerly known as NANDA International, NANDA-I)

EDUCATION

2026

PhD Student

Nursing Science and Public Health

University of Rome Tor Vergata

2023

Second-level master's degree

'Educational Strategies in Social and Health Care: European Standards and Innovation'

University of Parma

2012

MSc degree in Nursing and Midwifery Sciences

University of Parma

2006

First level master's degree

'Palliative care and pain management'

University of Modena

2004

Bachelor's degree in Nursing

University of Cagliari

WORK EXPERIENCE

06/2026 –
Present

Community Hospital

Nurse Case Manager

AUSL-IRCCS REGGIO EMILIA

	via Amendola 2 42122 Reggio Emilia
2004-05/2026	HOME CARE SERVICE (2004-2007 in Residential Care Home for Older Adults)
	Home care nurse
	AUSL REGGIO EMILIA via Amendola 2 42122 Reggio Emilia
2023-2026	Degree Course in Nursing
	Contract Lecturer in Palliative Nursing
	UNIVERSITY OF MODENA AND REGGIO EMILIA
ORAL PRESENTATIONS	
ROMA 16-18 Marzo 2023	14th ACENDIO Conference
	“Nursing diagnoses NANDA-I and mortality in home care service: an Italian experience”
BOSTON 14-16, Giugno 2023.	NANDA International Conference
	“Prevalence of nursing diagnoses NANDA-I and relation with intensity levels of care in advanced cancer patients in home care: an Italian experience”
WORKS	
Bertocchi, L., Saba, A., Dante, A., Guberti, M., Consolini, S., Tortella, S., Jones, D., Petrucci, C., & Lancia, L. (2026). The Role of Nursing Diagnoses in Enhancing Prognostic Accuracy in Home-Based Cancer Care: Insights From a Retrospective Cohort Study. <i>Journal of Clinical Nursing</i> , 35(1), 229–241. https://doi.org/10.1111/jocn.17821	
De Luca, E., Saba, A., Bertarini, L., Brusini, A., Artioli, G., & Dellafiore, F. (2026a). Spiritual care challenges and needs of carers, health professionals and relatives of individuals living with neurodegenerative diseases in palliative and end-of-life care: A scoping review protocol. <i>BMJ Open</i> , 16(4), e114259. https://doi.org/10.1136/bmjopen-2025-114259	
De Luca, E., Saba, A., Bertarini, L., Brusini, A., Artioli, G., & Dellafiore, F. (2026b). Spiritual Care Needs and Challenges Among Caregivers and Families of People with Neurodegenerative Diseases in Palliative and End-of-Life Care: A Scoping Review. <i>Brain Sciences</i> , 16(6), 611. https://doi.org/10.3390/brainsci16060611	
Dellafiore, F., Saba, A., Collaro, C., & Artioli, G. (2026). Artificial Intelligence in Qualitative Research: Insights From Experts via Reflexive Thematic Analysis. <i>Qualitative Health Research</i> , 36(2–3), 145–165. https://doi.org/10.1177/10497323251389800	
Morsiani, G., Bertocchi, L., Comparcini, D., Mecheroni, S., Saba, A., & Agostinelli, V. (2026). Developing NANDA-I, NOC, and NIC Linkages for the Diagnosis of Excessive Loneliness. <i>International Journal of Nursing Knowledge</i> , 20473087261445590. https://doi.org/10.1177/20473087261445590	

Primosa, F., Cazzato, S., Gotri, L., Marchini, R., Diamanti, O., Iacorossi, L., & Saba, A. (2026). Healthcare Professionals' Perceptions of the Palliative Care Needs of Patients with Severe Brain Injury and Their Caregivers: A Qualitative Study. <i>Brain Sciences</i> , 16(5), 482. https://doi.org/10.3390/brainsci16050482
Rizzi, B., Gandini, M. C., Saba, A., Lonati, G., & Recchia, A. (2026). Communicating in Palliative Care for Neurodegenerative Diseases: A Qualitative Study on Professional–Family Interactions. <i>Brain Sciences</i> , 16(5), 481. https://doi.org/10.3390/brainsci16050481
Artioli, G., Casella, G., Saba, A., Posla, S., Guardamagna, L., Cassinari, N., Cipolla, R., Diamanti, O., & Dellafiore, F. (2025). Exploring the Impact of a Nurse-Led Narrative Interview on Newly Diagnosed Hematologic Patients: A Holistic Qualitative Single-Case Study Protocol. <i>Interdisciplinary Journal of Nursing and Health</i> , 4(4), 267-277. https://doi.org/10.82051/ijnh-2025-226
Dellafiore, F., Diamanti, O., Guardamagna, L., Modena, G., Servi, P., Rotondo, D. A., Nania, T., Saba, A., & Artioli, G. (2025). The Transition to Caregiver in Advanced Alzheimer's Disease: From Emotional Connection to Care Responsibility—A Grounded Theory Approach. <i>Nursing Reports</i> , 15(8), 284. https://doi.org/10.3390/nursrep15080284
Artioli, G., Saba, A., Saladino, L., Alberti, A., Macchetti, L., Bassi, M. C., Falbo, S., & Dellafiore, F. (2025). The Role of Theatre-Based Methodologies as Complementary Educational Interventions in Continuing Nursing Education: A Scoping Review. <i>International Journal of Environmental Research and Public Health</i> , 22(11), 1657. https://doi.org/10.3390/ijerph22111657

REGGIO EMILIA
07/07/2026

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