

MARISTELLA SCORZA

Associate Professor of Clinical Psychology, Department of Biomedical, Metabolic and Neural Sciences, University of Modena and Reggio Emilia.

November 1, 2024 – Present: Chair of the Bachelor's Degree Programme in Psychological Sciences and Techniques, Department of Biomedical, Metabolic and Neural Sciences, University of Modena and Reggio Emilia, Italy.

Past position

- 2018- 2020: Associate Professor of Clinical Psychology at the Department of Education and Human Sciences, University of Modena and Reggio Emilia, Italy.
- □□□□2022: Scientific Coordinator Master's in: "Education and Psychopedagogy for Specific Learning Disorders", University of Modena and Reggio Emilia, Italy.
- 2015-2018: Assistant Professor (tenure track) at the Department of Education and Human Sciences, University of Modena and Reggio Emilia, Italy.
- 2012-2015: Post-Doctoral Research Scientist at the Department of Education and Human Sciences, University of Modena and Reggio Emilia, Italy.

Education

- 2013: Master's in "Cognitive-Behavioral Approach to Developmental Disorders", Florence, Italy.
- 2011: PhD in Human Sciences. University of Modena and Reggio Emilia. Final dissertation: "S.P.I.L.L.O. (Tool for Identifying Slowness in Oral Reading).
- 2005: Advanced Course in Learning Psychopathology, University of Urbino. Thesis: Neuropsychological study on familial dyslexia. Tutor: Prof. G. Stella

Selected publications

Varallo, G., Mercante, A., Baldini, V., Gnazzo, M., Testoni, C., Benini, F., ... & Plazzi, G. (2026). Understanding Sleep Challenges in Pediatric Palliative Care: A Patient-Focused Scoping Review and Implications for Practice. *Journal of Clinical Medicine*, 15(2), 438.

Baldini, V., Varallo, G., Nuredini, A., Tupler, R., Plazzi, G., De Ronchi, D., ... & **Scorza, M.** (2025). The Psychological Burden of Neuromuscular Diseases: A Narrative Review of Anxiety, Depression, Coping, and Quality of Life. *Muscles*, 4(4), 59.

Baldini, V., Gnazzo, M., Santangelo, G., D'Agostino, A., Varallo, G., **Scorza, M.**, ... & Plazzi, G. (2025). Are sleep disturbances a risk factor for suicidal behavior in the first episode of psychosis? Evidence from a systematic review. *Journal of Psychiatric Research*.

Varallo, G., Ciaramidaro, A., Baldini, V., Rubichi, S., & **Scorza, M.** (2025). Indirect Effects of Body Dissatisfaction in the Association Between Intolerance of Uncertainty and Disordered Eating Attitudes: A Cross-Sectional Study on Italian University Female Students. *Journal of Clinical Medicine*, 14(21), 7728.

Baldini, V., Gnazzo, M., Varallo, G., Di Vincenzo, **M.**, **Scorza, M.**, Franceschini, C., ... & Plazzi, G. (2025). A comprehensive approach to adolescent suicide prevention: insights from a narrative review perspective. *Frontiers in Psychology*, 16, 1612067.

Scorza, M., Camia, M., Benassi, E., Angelini, D., Ciaramidaro, A., & Giovagnoli, S. (2025). Repetitive negative thinking in university students with Specific Learning Disorder: does gender matter?. *Clinical Neuropsychiatry*, 141-148.

Camia, M., Ciaramidaro, A., Benassi, E., Giovagnoli, S., Angelini, D., Rubichi, S., & **Scorza, M.** (2025, May). The Mediation Role of Emotion Regulation in the Relationship Between Anxiety and Depression in University Students with Specific Learning Disorder. In *Healthcare* (Vol. 13, No. 10, p. 1211). MDPI.

Tenti, M., Varallo, G., Cilenti, F., Raffaelli, W., **Scorza, M.**, Rubichi, S., ... & Casu, G. (2025). Pain, Anger, and Rumination in Fibromyalgia: A Vicious Cycle?. *Journal of Clinical Medicine*, 14(11), 3662.

Camia, M., Reho, M., Ferrari, E., Boni, C. D., Ferretti, V., Guaraldi, G., ... & **Scorza, M.** (2025). Academic Burnout in University Students with Specific Learning Disorders: The Mediating Role of Anxiety in the Relationship Between Burnout and Depression. *Journal of Clinical Medicine*, 14(18), 6400.

Caragli, V., Camia, M., **Scorza, M.**, Genovese, E., Persico, A. M., Benincasa, P., & Benassi, E. (2025, February). Psychological Health of Deaf Pre-Teens and Teenagers with Cochlear Implants and Maternal Psychological Features: A Pilot Study. In *Healthcare* (Vol. 13, No. 5, p. 498).

Berardo, F., Vascelli, L., **Scorza, M.**, Cavallini, F., & Iacomini, S. (2024). Effetti dell'uso delle videochiamate sul benessere della persona anziana: una revisione sistematica. *Psicologia della salute: quadrimestrale di psicologia e scienze della salute*, 2, 2024, 153-175.

Bello, A., Stefanelli, S., **Scorza, M.**, Camia, M., & Benassi, E. (2024). Identificare i ritardi nello sviluppo del linguaggio a 2-3 anni: il ruolo determinante del pediatra. *QUADERNI ACP*, 4, 160.

Scorza, M., Gontkovsky, S. T., Puddu, M., Ciaramidaro, A., Termine, C., Simeoni, L., ... & Benassi, E. (2023). Cognitive Profile Discrepancies among Typical University Students and Those with Dyslexia and Mixed-Type Learning Disorder. *Journal of Clinical Medicine*, 12(22), 7113.

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Luoni, C., **Scorza, M.**, Stefanelli, S., Fagiolini, B., & Termine, C. (2023). A neuropsychological profile of developmental dyscalculia: the role of comorbidity. *Journal of Learning Disabilities*, 56(4), 310-323.

Camia, M., **Scorza, M.**, Lipparini, A., Martorana, L., Nardocci, F., Padovani, R., ... & Benassi, E. (2023). Psychological health of mothers and siblings of children with autism spectrum disorder during COVID-19 pandemic: New evidence in Italian families. *Acta Bio Medica: Atenei Parmensis*, 94(5).

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Benassi, E., Bello, A., Camia, M., & **Scorza, M.** (2022). Quality of life and its relationship to maternal experience and resilience during COVID-19 lockdown in children with specific learning disabilities. *European Journal of Special Needs Education*, 37(4), 632-647.

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