

**FORMATO EUROPEO
PER IL CURRICULUM
VITAE**



INFORMAZIONI PERSONALI

Nome **FEDERICA SFORACCHI**
Indirizzo **REGGIO EMILIA**
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Nazionalità Italiana
Data di nascita 03/04/1988

ESPERIENZA LAVORATIVA - Until February 2019: nurse integrated into the nursing unit of the Oncology DH of Guastalla until February 2019;
- From February 2019 to today, integrated nurse in the nursing unit of the Guastalla

Hospice;

- November 2019 – February 2020: temporary collaboration with the SID Guastalla to promote my completeness in the management of cancer patients and palliative care in all care settings and to promote knowledge of the territorial dynamics of management of complex patients. In this period I trained on the activation of ADI (Integrated Home Assistance) Palliative.
- March 2021 - May 2021: Covid Hospice nurse;
- Guide nurse for third year students of the University of Nursing of Reggio Emilia for whom I offer an assessment of the student's practical, ethical-relational and communicative skills as well as overall care of the patient in palliative and terminal care;
- Field expert for lessons to second year students at the University of Nursing of Reggio Emilia on the subject of: chemotherapy, initial chemotherapy interview with the patient and family, communicating the bad news with the patient, taking care of the cancer patient, recognition of the main side effects of chemotherapy, education for cancer patients, preparation and administration of the main chemotherapy drugs.
- from October 2023 lecturer at the University of Modena and Reggio Emilia three-year Nursing degree course.
- PARTICIPANT IN THE Horizon 2020 RESEARCH PROTOCOL with Diadic title which consists of a psychoeducational intervention on cancer patients and caregivers.
- since May 2025,she has been employed by the Oncology Department,fourth floor,CORE,IRCCS ASMN Arcispedale Santa Maria Nuova,RE.
- Since July 2025,she has been employed by the dermatology and aesthetic medicine clinic of DR. Benedetta Salsi Montecchio (RE).

- Nome e indirizzo del datore di lavoro AUSL Reggio Emilia
- Principali mansioni e responsabilità Public
Full time (36 hours per week)
Clinical nurse

ISTRUZIONE E FORMAZIONE

- Date (2001 – 2007) Scientific high school diploma at the Ariosto-Spallanzani classical-scientific high school

Three-year degree in nursing from the universities of Modena and Reggio Emilia based in Reggio Emilia.
Nursing, Anatomy and Physiology, Research methodology, Nursing applied to specialist areas, Training internships.
THREE-YEAR DEGREE
- Date (2007 – 2010)

• Principali materie / abilità professionali oggetto dello studio

• Qualifica conseguita

• Livello nella classificazione nazionale (se pertinente)

classe L/SNT 01

CAPACITÀ E COMPETENZE PERSONALI

MADRELINGUA

ITALIANA

ALTRE LINGUE

INGLESE

• Capacità di lettura

BUONO

• Capacità di scrittura

BUONO

• Capacità di espressione orale

BUONO

CAPACITÀ E COMPETENZE RELAZIONALI

Over the years I have learned and continuously improved the dynamics of teamwork by relating to other professional figures.

I constantly relate to patients and their families, combining and modulating, as appropriate, professionalism and empathy, maintaining active listening which allows me to refine the skills necessary to deal with them: SYMPTOMS, CLINICAL CONDITIONS, COPING, THERAPEUTIC ADHERENCES, MANAGEMENT OF THE EMOTIONAL SIDE, ACCOMPANYING THE END OF LIFE AND GRIEVING.

Educational skills in care maneuvers.

I have honed educational and relational skills with third-year nursing students at the University of Reggio Emilia for whom I act as Internship Guide.

Introduction in Oncology Dh of the chemotherapy start interviews with the patient and family whose objectives are: knowledge of the department, knowledge of the operators, relational management, explanation of the main side effects of chemotherapy, explanation of the organization of the therapy day including the times and duration, explanation of the health documentation necessary to request the exemptions to which the patient is entitled.

CAPACITÀ E COMPETENZE ORGANIZZATIVE

I am comfortable managing the organization of the department (ONCOLOGY DH, SID, HOSPICE), protected discharge, the health check for SARS-COV2 in the event of a patient being discharged home, the daily routine of work in the department in collaboration with other professional figures, of patient management based on PAI (Integrated Care Plan).

CAPACITÀ E COMPETENZE TECNICHE

Use of the main IT tools.

Dilution, preparation, administration and disposal of antineoplastic drugs.

Use of infusion systems such as: MIDLINE, PICC AND PORT including their management, correct use and medication.

Use of PAXMAN (refrigerated cap against chemotherapy-induced alopecia).

Use of the Caring Massage technique to help control symptoms in cancer and terminally ill patients.

Use of the main complex dressings for the management of neoplastic wounds.

Use of the main advanced dressings to manage wounds in a palliative manner.

Preparation and use of single or multiday elastomeric pumps.

CAPACITÀ E COMPETENZE ARTISTICHE

Competitive synchronized group skater from 4 to 24 years old..

ALTRE CAPACITÀ E COMPETENZE

Over the years I have taken part in many nursing research courses, both qualitative and quantitative, as well as monthly team meetings for the discussion of clinical and/or organizational cases and opportunities for ethical discussion led by the bioethicist Dr. De Panfilis.

In the three years of the degree course, I carried out training internships at: RSA Le Magnolie Reggio Emilia, post-operative intensive care at IRCCS Arcispedale Santa Maria Nuova Reggio Emilia, Medicine before internal medicine department IRCCS Arcispedale Santa Maria Nuova Reggio Emilia, internal medicine/orthopaedic DH /surgical including endoscopy at the San Sebastiano hospital in Correggio, Hospice Casa Madonna dell'Uliveto Reggio Emilia.

PATENTE

PATENTE B (Automunita)

PUBBLICAZIONI

Dalla ricerca presso l'Università di Reggio Emilia è derivata la pubblicazione dell'articolo scientifico: D. Mecugni, F. Sforacchi, G. Amaducci, M. Lemmi, S. Finotto "[Nursing competences and basic education: descriptive study on new-graduate nurses]" nell'edizione Giugno-Settembre 2013 de : "Il Pensiero Scientifico".

"Carico assistenziale e bisogni del caregiver della persona" di Annalisa Bargellini, Cristina Pedroni, Anna Marzi, Nuccia Ghizzi, Angela Saffioti, Francesco Venturelli, Federica Sforacchi, Stefano Mastrangelo, Sandra Coriani. Il Pensiero Scientifico.

"Achieve the best while rushing against time: a grounded theory study on caring for low-income immigrant cancer patients at end of life" by Simona Sacchi, Roberto Capone, Francesca Ferrari, Federica Sforacchi, Silvia Di Leo and Luca Ghirotto, published in *Palliative Medicine* Volume 35 issue: 2, page(s): 426-436. Article first published online on 25th December, 2020. Issue published: February 1, 2021. doi.org/10.1177/0269216320974275

Autorizzo il trattamento dei miei dati personali presenti nel cv ai sensi del Decreto Legislativo 30 giugno 2003, n. 196 "Codice in materia di protezione dei dati personali" e del GDPR (Regolamento UE 2016/679)

Reggio Emilia, 25/06/2024



Federica Sforacchi