

CURRICULUM VITAE

Martina Torresi

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Brief Curriculum Vitae

On 3 November 2016, she obtained a Bachelor's Degree in Psychiatric Rehabilitation Techniques from the University of Modena and Reggio Emilia, presenting her thesis entitled "Psychoeducational intervention for caregivers of patients with eating disorders: what observable outcomes?", graduating with a final grade of 110/110 cum laude.

From 5 December 2016 to 21 December 2016, she worked at the "Gastinelli" Nursery School in Reggio Emilia, providing educational support to a child with autism spectrum disorder.

From 6 February 2017 to 31 March 2017, she worked at the semi-residential social and rehabilitation centre "Le Querce" in Castelnovo Rangone, for Gulliver Social Cooperative, supporting residents in carrying out everyday activities.

From 3 April 2017 to 30 September 2020, she worked for Giro del Cielo Social Cooperative in Reggio Emilia, providing educational and home-based social rehabilitation interventions for children and their families, in collaboration with the Territorial Social Services and the Child and Adolescent Neuropsychiatry Service of Reggio Emilia.

From 1 April 2018 to 30 September 2020, she collaborated with Associazione Sostegno Demenze in the areas of Sassuolo, Corlo and Formigine; with Associazione Sostegno Demenze e Alzheimer di Mirandola in the areas of Medolla and San Possidonio; and with Associazione G.P. Vecchi in the Modena area, conducting rehabilitation groups for cognitive and sensory stimulation through the use of body and music, aimed at users with early-stage senile dementia.

Since 8 December 2019, she has collaborated with the Order of Medical Radiology Health Technicians and the Technical, Rehabilitation and Prevention Health Professions of Modena and Reggio Emilia, serving as President of the Professional Register Committee of Psychiatric Rehabilitation Technicians of Modena and Reggio Emilia.

From 1 October 2020 to 27 June 2021, she worked as a Psychiatric Rehabilitation Technician within the Mental Health Protection Unit in Prison, for AUSL IRCCS of Reggio Emilia.

Since 28 June 2021, she has worked at the Eating Disorders Centre of Reggio Emilia and, as a teaching tutor, within the Bachelor's Degree Programme in Psychiatric Rehabilitation Techniques at the University of Modena and Reggio Emilia, for AUSL IRCCS of Reggio Emilia.

Since December 2023, she has served as the Professional Training Needs Representative, with reference to the Emilia-Romagna Region, for the professional profile of Psychiatric Rehabilitation Technician.

In 2024, she obtained a Master's Degree in Management for Coordination Functions in the Area of Health Professions from the eCampus University of Pegaso.

Since March 2024, she has collaborated with AITERP (Italian Association of Psychiatric Rehabilitation Technicians) as a member of the Specialist Interest Group (G.I.S.) – Residential Care.

Since November 2024, she has collaborated with SIRP (Italian Society of Psychiatric and Psychosocial Rehabilitation) as a board member of the Emilia-Romagna regional section.

In February–March 2025, she completed the Level I intensive DBT course conducted by Charles Swenson.

Since 31 May 2025, she has collaborated with the National Federation of Technical, Rehabilitation and Prevention Health Professions, serving as a board member of the National Professional Register Committee of Psychiatric Rehabilitation Technicians.

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14/09/2026

Martina Tomic