

CRISTINA VAI

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Address: Via Don Franchini 372, 41043 Formigine (MO), Italy

PROFESSIONAL PROFILE

Permanent Staff Midwife at the Modena University Hospital.

Experienced and autonomous in providing midwifery care across a wide range of clinical settings, including the Delivery Suite, Operating Theatre (surgical assistance), Obstetric and Gynaecological Emergency Department, High-Risk Pregnancy Unit, Postnatal Ward, and Outpatient Antenatal Clinics.

SKILLS

- Strong communication and organisational skills developed through academic training and professional experience.
- Independent management of low- and medium-risk pregnancies.
- Skilled in labour and birth care, antenatal and postnatal assistance, and all core areas of midwifery practice.
- Excellent teamwork and multidisciplinary collaboration skills.

EDUCATION

University of Modena and Reggio Emilia – Modena, Italy

April 2014

First-Level Master's Degree in **Obstetric Ultrasound and Prenatal Techniques for Midwives**
Graduated with **110/110 cum laude**.

University of Modena and Reggio Emilia – Modena, Italy

October 2010

First-Level Master's Degree in **Midwives' Autonomous Management of Low-Risk Pregnancy, Labour and Postpartum Care**
Graduated with **110/110**.

University of Modena and Reggio Emilia – Modena, Italy

October 2005

Bachelor's Degree in Midwifery
Graduated with **110/110 cum laude**.

Alessandro Tassoni Scientific High School – Modena, Italy

June 2002

High School Diploma.

PROFESSIONAL EXPERIENCE

Contract Lecturer

Department of Maternal, Child and Adult Medical and Surgical Sciences – University of Modena and Reggio Emilia

Modena, Italy | **October 2021 – Present**

Lecturer in the second year of the Bachelor's Degree in Midwifery, teaching within the course **Physiology of Labour and the Postpartum Period**.

Teaching focuses on the monitoring and management of term pregnancy, including:

- National and international clinical guidelines and care protocols
- Initial obstetric assessment and maternity records
- Leopold's manoeuvres
- Symphysis–fundal height measurement
- Johnson's rule for fetal weight estimation
- Maternal weight gain assessment
- Pelvic assessment
- Obstetric risk classification
- Basics of cardiotocography (CTG)
- Obstetric examination and membrane sweeping
- Basic office ultrasound techniques
- Assessment of women with a previous caesarean section for mode of birth
- External cephalic version techniques for breech presentation

Also serves as a guest lecturer on postgraduate Master's programmes at the University of Modena and Reggio Emilia, including:

- First-Level Master's Degree in **Health Community Care: The Community Midwife**
- First-Level Master's Degree in **Ultrasound and Cardiotocography Techniques for Midwives**

Staff Midwife

Modena University Hospital

Modena, Italy | **May 2008 – Present**

Provide independent midwifery care in:

- Delivery Suite

- Obstetric and Gynaecological Emergency Department
- High-Risk Pregnancy Unit
- Postnatal Ward
- Antenatal outpatient clinics

Midwife / Assistant to Consultant Gynaecologist

Dr Emma Bertucci

Modena, Italy | **January 2016 – March 2018**

Assisted the consultant gynaecologist during private outpatient practice, including:

- Obstetric and gynaecological consultations
- Obstetric and gynaecological ultrasound examinations
- Preparation of medical reports
- Amniocentesis
- Chorionic villus sampling (CVS)
- Sonohysterosalpingography
- Other specialist diagnostic procedures

Midwife / Assistant to Consultant Gynaecologist

Dr Vincenzo Mazza

Modena, Italy | **July 2003 – July 2007**

Provided assistance during private outpatient practice, including:

- Obstetric and gynaecological consultations
- Obstetric and gynaecological ultrasound examinations
- Assistance with invasive prenatal diagnostic procedures (amniocentesis and chorionic villus sampling)
- Cardiotocography (CTG)
- Blood sampling
- Other clinical procedures

LANGUAGES

Italian: Native speaker

English: B1 – Intermediate

INTERESTS

Sport has been an important part of my life since childhood. I played competitive volleyball for many years, participating in national championships.

I hereby authorise the processing of my personal data in accordance with Article 13 of Italian Legislative Decree No. 196/2003 and Article 13 of EU Regulation 2016/679 (GDPR).

Cristina Vai

15 July 2026